



On 21 and 22 April, our club held our Green Project – “Plastic and You” Exhibition and a green forum at the Mikiki Mall. This has attracted many families with young kids and also youths and adults with a concern for our environment. This is a very successful project not only in meeting its objective to arouse public awareness on the harmful effect of improper disposal of plastics but also the ability to mobilize our rotaractors and interactors with our sponsors and supporting organizations. Would you please join me in congratulating again Green Club Chair Caren and her team! Further details can be found in the report from Caren in this issue of Tai Post.

In the February issue of Tai Post I have appealed for your participation in service projects organized by our club and District in addition to our fellowship events. I was most grateful to see many members together with their families coming to show their support, in addition to some dedicated members who have contributed to the success of this project. This is the Rotary spirit that we should treasure.

According to Lunar calendar, 5 May 2018 is Lixia 立夏, the beginning of summer season. With the increasing daylight, temperature and rainfall, activities of all sorts of life forms on earth would become more and more aggressive. For most students, they and perhaps their parents, will be busy facing many different sorts of examinations, be they school based final examinations or public HKDSE examination.



May is also the penultimate month in our Rotary year. I have submitted the reports and entries to the District for various District Awards earlier this month. Through this exercise a lot of fond memories came back which I would like to share with you next month before I handover to my successor, PE Patrick.

Last but not least, and perhaps some of you have already heard about this. I regret to announce the resignation of Club Administration Chair DS PP Pearl from membership of our club. Pearl will leave Hong Kong after attending our club Annual Ball in June for reunion with her family overseas, which is a tough decision to balance her priority with family and the long term friendship she has built up with our club members. We have explored various options with an attempt to retain Pearl but at the end we have to respect her choice. It is most unfortunate to our club that we will lose another dedicated and long serving member. Let us wish her good health and happiness.



People are not just divided by good guys or bad ones. Some are super good but you won't easily notice their super qualities - not until you encounter grave difficulties when they will stand up for you or render unreserved assistance. And after having helped you, they will say rather dismissively, "that's really nothing, don't mention it." If you get to know one or two such persons, it is your super good fortune. Hey, most Rotarians seem to feature such qualities!

There are others whom you may consider as good guys yet they tend to talk about you behind your back. They may not necessarily speak ill of you but if they take what you say out of context, intentionally or otherwise, theirs can easily be misled. I think there are a lot of such people around. I may not have heard them speak ill of me, but the way they misquote others certainly leave a lot to be desired and sends me on the alert. Inevitably, some people like using gossips to initiate friendship. So when you see a friend speaking ill of mutual friends, you should beware of that person. Of course, it is always wise to stay away from gossipy people.

Editor Says

Claire Mak



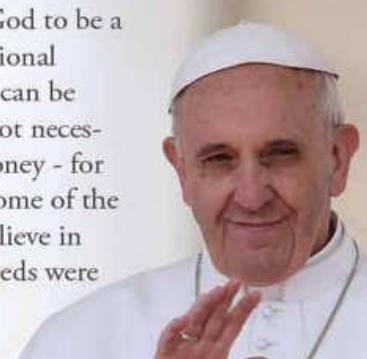
Not being funny doesn't make you a bad person. Not having a sense of humor does.

David Rakoff

The sharpest critics and those most known for pointing out flaws or weaknesses in others, are most often the ones who are blind to their own shortcomings, insecurities and mistakes. It's best to take a mirror and examine ones self, before riding a self righteous high horse and accusing others of what you think they do wrong.

It is not necessary to believe in God to be a good person. In a way, the traditional notion of God is outdated. One can be spiritual but not religious. It is not necessary to go to church and give money - for many, nature can be a church. Some of the best people in history did not believe in God, while some of the worst deeds were done in His name.

-POPE FRANCIS



As for bad guys, these people who are either mediocre or evil, are relatively less damaging because you know of their vices and can stay away from them. There is yet another bunch of people who tend to point fingers at you when in fact they target lashing out at another person, someone they dare not confront directly. These are also people to avoid because innuendos can be difficult to stomach.

Still, there is another group - the ones which nothing seems to please them and they always criticize, no matter what. For instance, if you dress in tee shirt and jeans, they say you show little respect for the occasion even though it might just be a leisure tea party. On the other hand, when you dress black tie for a ball, the first thing they say is not to give you compliments but exclaim how over-the-board you have dressed! You will soon find out that even if they had meant to give you praises, they will start by criticizing you. It is just their strange habit. If you are not the only ones they treat like this, you will tend to forgive them as you get used to such behaviour.

Some people can't function without negativity because bringing down others makes them feel better.

101 Quotes About.com



RCTP is the hub of good friends from different backgrounds. Like-minded people flock together and that's how the club thrives. The fact that the Club keeps losing great members recently has caused the alarm bell to ring! Different people have different priorities; and priorities also shift with time. We cannot but show respect. In time to come, when a member who has left the club on his/her own accord due to some more engaging concerns is ready to come back, I am sure formidable friendship welcomes them back to the Club with open arms.

No one is perfect and everyone has his own limitations. Minor shortcomings can be tolerated if the person displays other good qualities. Friendship should be able to withstand the test of time and it certainly helps to be compassionate. Do not belittle yourself but also don't be too obsessed with oneself. Show respect to others and you won't go wrong to treat others like how you would treat yourself.

"If I tell you I'm good, probably you will say I'm boasting. But if I tell you I'm not good, you'll know I'm lying."

— Bruce Lee





Rotaract clubs around the world earn awards for excellent service

The 2018 Rotaract Outstanding Project Award recognized the Rotaract Club of Edulink International Campus, Western Province, Sri Lanka, for a project that teaches entrepreneurial skills to women with HIV to empower them to earn a living.

The club created the Dream Store online platform, where the women can sell products they make and have their earnings go straight to their bank accounts. After meeting with the women to assess their abilities, the club partnered with local experts and Rotarians to expand the women's skills or teach them new ones. The women also received training in basic business and personal finance.

The club arranged with several leading companies, including the largest gift shop in Sri Lanka, to carry the women's products to ensure they had a customer base. The club hopes it can remove some of the stigma around HIV and AIDS by allowing the women to showcase their talents, giving people a way to support them through commerce, and holding events aimed at educating the public about the disease.

"Before, these women were unemployed, because nobody would provide them jobs," says Nipun Peiris, past president of the club. "They had no choice but to beg on the street."

The recognition "confirms our hard work and the obstacles we overcame," he says. "I am very proud of what we have achieved."

The award for best multidistrict project went to the European Rotaract Information Centre, a multidistrict organization that promotes collaboration and development of service projects among 115 districts and 24,000 Rotaractors in more than 45 countries. The organization compiles project descriptions and uploads them to a library, where

results can be shared. A "twinning accelerator" serves as a search engine to connect clubs with mutual interests in service and friendship.

For this year's awards, more than 470 projects were nominated in 59 countries. In addition to the best single-club project and multidistrict project, the awards recognized outstanding service projects in each of six geographical regions. The best single-club project and best multidistrict project receive \$1,000 each for future service activities, and members are invited to inspire



other Rotaractors and Rotarians at the Rotaract Preconvention in Toronto, Ontario, Canada.

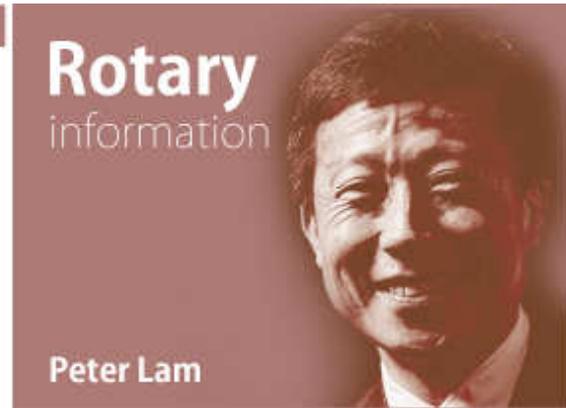
The following two clubs also earned awards for the best service projects in the Asia regions.

Asia Pacific: Rotaract Club of Makati San Miguel, Philippines

With the Mini-Hackathon and PechaKucha Project, the *Rotaract Club of Makati San Miguel*, Makati City, Philippines, brought together information technology professionals, business leaders, coaches, and community members to develop new apps that would solve community problems. Three prototypes were tested and proved functional at the event, and they continued to be developed afterward. One app allows users to find hospitals, evacuation sites, and fire stations during an emergency. Another app builds résumés for participants at a job fair and connects them with compatible employers. The third app reroutes supply trucks during a flood to reduce response times.

South Asia: Rotaract Club of The Caduceus, Maharashtra, India

The Rotaract Club of The Caduceus, Maharashtra, India, launched the Ground Reality Journey project to combat the negative impact of coal mining in their community. After working with local organizations, the government, and villagers, they offered medical examinations, installed waste segregation systems, conducted health education seminars, planted trees, and raised money for school improvements.



Regular Meetings in the past five years: May 當年今月: 五月例會

Do you remember 2013 - 2017?

MAY



by PP Peter Lam

REWIND



Rtn. Lynna Wong from RC Shanghai West (上海浦西) spoke to us about coffee at our 22 May 2017 meeting and we were glad to have PP David Loie joining us.



Wanda's uncle So Man Hing recently spoke to us about Tai Po Past & Present and this photo reminds us that it was about two years ago on 9 May 2016 that he first gave presentation to us about various Hong Kong Heritage.



At the 4 May 2015 meeting, former member Ada Wu's friend Elsa Tang donated her self-made calligraphy couplet 對聯 to PP Peter for having sponsored T-shirts for helpers of our medical service project (同見愛心村) for elderlies led by PP Pearl. PP Peter gladly gave red box handed over by former member sergeant Jimmy Wai.



PP David Loie spoke to us again about Shanghai and China on 20 May, 2013. It is about time he returns for more updates and new perspective.



We were honoured to have 2013-14 DG Eugene Fong and AG Andy Li visiting us at our 5 May 2014 meeting to recognize our foundation donors and good work that Foundation chair PP Louis had done.

PP Tsubaki was the lucky draw winner of a good bottle of whisky from CP Donald that evening!

Graduation Ceremony 潮看Teen空 and Sunshine Teens

Roger So

On 5 May 2018, PDG Anthony and Mary, IPP William and Bebe, PE Patrick, May and I attended the graduation ceremony of our long standing service projects, 潮看Teen空 and Sunshine Teens. The event started at 2:30 pm at the New Territories Heung Yee Kuk Tai Po District Secondary School (NTHYKTPDSS).



This year, all 85 Form 1 students and 12 selected Form 3 students of NTHYKTPDSS have enrolled in the Sunshine Teens and 潮看Teen空 projects respectively. The graduation ceremony was the last milestone recognizing their achievement. It was mainly handled by the student participants of both service projects, including the showcase booths in the playground, the performances at the hall and acting as the masters of ceremony.



During the ceremony, the photo shots and video clips of the participants of both service projects during the course of this year were played on the screen. We were able to see what changes and improvements those participants had experienced. E.g. some of the Sunshine Teens were initially afraid of going through the abseiling exercise from the 5th floor to the ground floor. Through motivation and encouragement all those who attempted were able to complete the task.



Both projects aim at uncovering the talents of the participants, enriching their self-confidence and team spirits, and providing other exposure e.g. through interest classes. 潮看Teen空 will have career training and internships while Sunshine Teens will have adventure training. In the end, they all looked satisfied and motivated.



I would like to take this opportunity to thank all those who have taken the time and efforts to support these two meaningful projects.



Plastic & You 你能為海洋減塑作出貢獻嗎?

RCTP Green Club Chair, Caren Chan

I am honoured to be appointed the Green Chair this Rotary year (1 July 2017 – 30 June 2018).

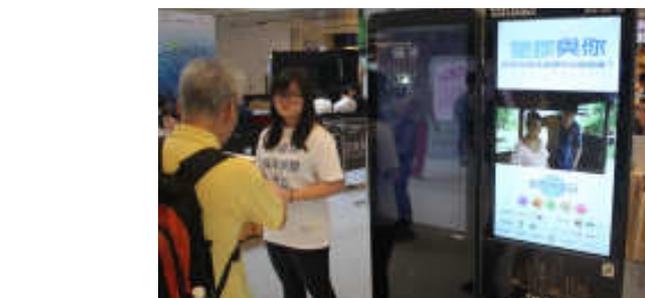
In early November last year, I invited two members of RACTP (Dr. James Cheng and Pres. Gary) to brainstorm a green project to address the plastic issue. In 2 ½ hours we agreed on the objectives and a location for implementation where there is more traffic flow of younger generation to have a project to educate the public.

This first green project was non-budgeted so it was challenging. In 1½ months we secured venue sponsorship at Mikiki Mall in Sun Po Kong, VR content designer and headset provider. We were privileged to get the WWF-HK as our supporting partner. Thus, the professionalism and finance issues were resolved.

Two organising committee meetings were held. Respectively on 26 January at Student Activities Centre at Tsung Tsin Christian Academy (Time: 18.30 – 21.00) and on 13 April at CUHK (Time: 18.30 – 22.30).

“Plastic & You” the 2-day Event on 21-22 April, 2018 was eventually held successfully at Mikiki Mall San Po Kong. We were proud to have reached a new milestone:

- (1) Collaboration between three generations: Rotarians, Rotaractors & Interactors.
- (2) Professionalism was fully demonstrated in the Educational Exhibition and Green Forum.
- (3) The scale of the project was considered sizeable.
- (4) The ideas collected were amazing and the aim of sowing seed of green ideas to the public was achieved.
- (5) The 108 min movie “Plastic Ocean” was broadcasted in full for the first time in shopping Mall through digital screens.
- (6) 22 min condensed version of “Plastic Ocean” was broadcasted from time to time on the big TV display of Mikiki Mall which could be viewed from all directions of the Mall. It attracted big crowds.
- (7) Through the VR game: 海洋垃圾飄記, the players felt the severity of Ocean debris. It was fun and educational.



- (8) Three games: 大海撈膠記, 減塑大作戰 and 環保錢賽 were simple to play and well-remembered. After the games, participants got the idea of the 7 categories of plastic recycle and know the means to save our ecosystem to make consumption of seafood safe. Also, the 5Rs (reduce reuse reject repair & recycle).
- (9) The educational exhibition presented in the signage was environmental friendly, beautiful and lively. It was impressive and efficient.

Opening Ceremony Officiation

Theme: Reuse, Reduce, Repair, Recycle, Refuse



Opening Ceremony



DG delivered an inspirational speech on Environmental Protection leading economic growth.



P Roger presented souvenir to Mr. W. T. Wong from SHK Property, our venue sponsor.



Mr. Henry Yau of Environmental Association gave speech on his Commitment in recycling centre since 2011.



Games

大海撈膠記：Players have to classify the debris and put them into the right category box.



塑膠大作戰：Player has to decide if it is an efficient or inefficient means of reducing plastic debris.

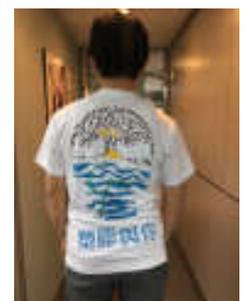


環保錢甕：repair / redesign used plastic bottles.



Gift sets were well selected by PP Wilson: A good replacement for the single-use plastic spoons & forks. Over 400 gift sets were given out to the game winners.

Theme T-shirt



Rotaractor Kaytie designed T-shirt for the 2-day Event and production of the T-shirts was sponsored by the generous and caring PP Peter Lam.

Sponsors and participants

Our sponsors: Contex (10 signage), OQTAGON (VR headsets) & WeeCreation (VR Game design).

Souvenirs presented to representatives of Rotaractors/ Interactors and Teachers



Dance performance Step-up-Infinity of Tai Po



Rotarians



PDG Anthony, IPP William, PP Peter, PP Claire and PE Patrick. Grateful to have PDG, IPP & PP Peter on both days.

Green Forum



Two renowned speakers Dr. Patrick Yeung (left) and Professor Kenneth Leung (right) led the discussion which was facilitated by Mr. Henry Yau. They fielded questions from the floor.

President Roger presented souvenir to Ms Doris Lee of PAC (who did a good search for the Educational Exhibition) Dr. Patrick Yeung & Professor Kenneth Leung.



Putting the innovative ideas collected on the Green Wall.



The Five Pairs of digital signages: Environmental friendly, effective and beautiful.

2-Day Event – Fun fulfillment Fellowship.



16 April 2018

Regular meetings 大埔



IPP William Yim's talk entitled "A Biotech Game" brought us down the memory lane from how he became interested in innovation as a child, his insights on the development of science and technology, the challenges he faced, the ups-and-downs of R&D, his social responsibility beliefs ... to the development of the award winning self-contained Lap On Chip for rapid diagnosis. We were amazed at the Lap On Chip device, which integrates different laboratory functions all in a single chip, measures just millimeters in size.



IPP William amassed quite a sizable audience to our meeting and easily filled up 3 tables.



The raffle gift of an **Activated Charcoal ornament** was given out by Rtn. KF Tam who was absent that evening. PDG Anthony drew the lucky winner **PP Wilson Lam** and presented the gift to him.

Among all the Visiting Rotarians was **Rotarian Ryuzo Kometani**, all the way from **Rotary Club of Sapporo East of RI District 2510**. As an Arch Klump Society Major Donor, Rtn. Kometani gave a brief introduction of his club and his views on AKS. He further exchanged club memento with us.



Happy birthday Dr, CM Yu and thank you for birthday red box!

District Conference Chairlady Natalie and Mrs Mary Hung promoted the spouse program.

30 April 2018



Welcome back PP Ron and PP Pearl. Long time no see!



PDG **Kenneth** recently returned from Yinchuan (銀川), Ningxia Autonomous Region of China and gave us an update on the **District Water Project** there.



Green Club Chair **Caren** reported on the "**Plastic & You**" Exhibition just finished.



When Uncle So speaks, we listen. That's how this meeting went as knowledgeable historian Mr. **So Man Hing** gave the very interesting talk on "**The Past and Present of Tai Po** 大埔的前世今生", detailing the history and development of Tai Po; how the various places, like Plover Cove, Sterling Inlet etc. derived their names and intriguing anecdotes about Tai Po.



Lucky **KF Tam** received the raffle prize of a **mosquito repelling machine** given out by PP Dennis Lo.

7 May 2018



Speaker (and potential member) **Mr. Danny Lau Hoi Ho** tried to make it easy for us the difficult yet topical subject: Ming Dynasty Philosopher **Wang Yangming's Four Stanzas** 淺談王陽明四句教: How the sayings 「無善無惡心之體，有善有惡意之動，知善知惡是良知，為善去惡是格物」 interplay in daily life.



PP **Peter Lam's** good luck came back as he won the raffle gift of a nice bottle of **Italian balsamic vinegar** given out by Rtn. **Sasha Chu** and presented by CP Donald.



PP **Frankie Wu** lived up to his promise and gave handsome red box for having missed the Opening Ceremony of the Green Project "Plastic & You" on Day 1, even though he did attend Day 2.



day	time	event	venue
19 MAY (SAT)	2:00 p.m.	Joint RCTP Youth Clubs Meeting Speaker: Mr. Felix Fan Topic: How Young People can Make a Difference with Innovation?	Room W112-113, 1/F, Wu Yee Sun College, Chinese University of Hong Kong
28 MAY (MON)	7:00 p.m.	Regular Meeting Speaker: PP W H Fok Topic: Causes & Cures of Cost & Schedule Overrun of Infrastructure Projects, and the Hong Kong situation	Fincher Room, KCC, 10 Cox's Road, Jordan
2-3 JUN (SAT-SUN)		58 th District Conference	Regal Airport Hotel 9 Cheong Tat Road, Hong Kong International Airport, Chek Lap Kok
8 JUN (FRI)	7:00 p.m.	Sister Club Reception Welcome Dinner	The Banqueting House 御苑皇宴 1/F, Empire Centre, 68 Mody Road, Tsim Sha Tsui
9 JUN (SAT)	6:30 p.m.	RCTP 27 th Annual Ball Theme: A Night on the Nile	Grand Ballroom Intercontinental Hong Kong Hotel 18 Salisbury Road, TST
10 JUN (SUN)	10:30 a.m.	Sister Club Reception Visit Tsz Shan Monastery Tai Po Wishing Tree	88 Universal Gate Road, Tai Po
	7:00 p.m.	Fellowship Dinner	Star of Canton 利寶閣 17/F, The One, Tsim Sha Tsui
11 JUN (MON)	12:00 n.n.	Sister Club Reception Farewell Lunch	Choi Fook Royal Banquet 彩福皇宴 13/F, Auto Plaza, 65 Mody Road, TST
25 JUN (MON)	7:00 p.m.	Club Assembly	Fincher Room, KCC, 10 Cox's Road, Jordan



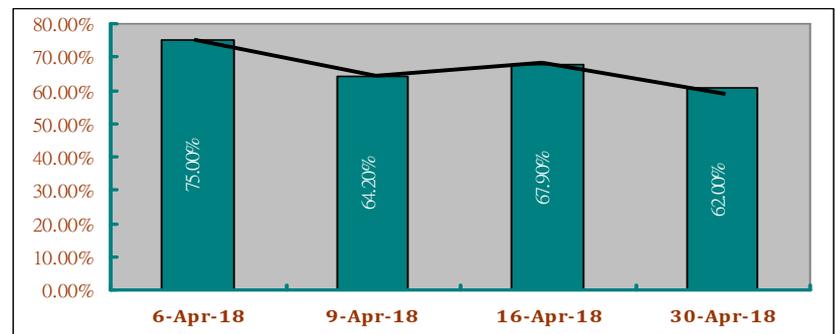
Average attendance: 66.93%

Rotary Club of Tai Po 27th ANNIVERSARY CHARITY BALL
ROTARY CLUB OF TAIPO
A NIGHT ON THE NILE

You are cordially invited to
27th Annual ball of Rotary Club of Tai Po

Venue: Grand Ballroom
InterContinental Hong Kong Hotel
Date: 9th June, 2018 (Saturday)
Time: Cocktail starts at 6:30pm
Dinner starts at 7:30pm
Dress Code: Be in GOLD! Be in Egyptian!

RSVP
rctaipo@gmail.com



In April

We missed **e** you

Dorothy Chan
Sally Luk
Henry Wang
Benjamin Wong

Editorial Team

GOT SOMETHING TO SAY?

Tai Post wants to hear from you.
Write in to clairetaipo@gmail.com

Tai Post reserves the right to edit articles for length and clarity.

The editorial board
Claire Mak
Peter Lam

Attendance

April 2018

CAREN CHAN,
PEARL DANG,
PATRICK FONG,
ANTHONY HUNG,
NATALIE KWOK,
PETER LAM,
WILSON LAM,
CLAIRE MAK,
ROGER SO,
KF TAM,
LOUIS TANG,
KENNETH WONG,
WILSON WOO,
WILLIAM YIM