



Monthly Bulletin of
Rotary Club of Tai Po

TAI 報 POST

PRESIDENT'S MESSAGE



KIN FAI TAM

Our busy and fun packed events had never stopped. Every month we had something big going on. The big one in November was, of course, our CP Donald's Birthday celebration. CP Donald was, as usual, the spotlight, the main character of the event.

As a tradition, CP announces the future leaders of the club of this year. It was great that our Dr. Sally agreed to lead us for the next Rotary year 2020-2021 followed by VP Wilson Woo and Danny Lau as the successors. Besides, we all had a wonderful celebration with good food, interesting games, group singing as well as the birthday cake cutting organized by the OC team. Let us give a salute to PP Natalie, PP William, Bebe and Danny as well as star MC, Alaric (PP William's son).



Our club had also taken this opportunity to organize the first local outing activity for the Rotary year. Thanks PP Claire for organizing a heritage tour to Tai O on 10 November. It was a whole day tour starting from 11:30 including lunch at a good village restaurant, boat trip to see the pink dolphin, travelling and shopping in Tai O village and finally dining at Tai O Heritage Hotel. We had taken a lot of beautiful and interesting photos especially when we saw the sunset closer to the horizon before dinner time.



For the district events, we participated in the End Polio Family Fun Walk, Foundation seminar as well as the Joint presidents meeting. The event that I would like to highlight is the End Polio Walk. The purpose of this initiative is for Rotarians to join hand in raising fund and awareness in our community for the Rotary works of Polio eradication. The event this year was very successful with more than 500 participants all dressed with theme T shirt. There were on stage dancing and singing performance along with 1.5 hours fellowship walk at Peak Road Garden.



Last item on our regular meetings, we had invited three speakers last month to deliver talks in different topics with Ms. Yuki Wong on the communication skill with the young generation, Dr. Amen Lee on Neuro Persuasion and Dr. CK Wong on heart cerebrovascular disease. Thanks for the great effort of our Club Administration team to invite such good speakers.

Get ready for X'mas and New Year!





EDITOR SAYS



CLAIRE MAK



There are a lot of things which one will be reluctant to part with. Some are tangible, some intangible.

We are usually reluctant to part with things that are obsolete and useless but which we have feelings for: photos with good friends, team-shirts you shared with past teammates, old gifts given by your Mum or Dad, birthday cards hand-drawn by siblings... However, that feeling only plucks at your heart and is very personal to you. To others, they may be negligible or at most neutral. So if the feeling you have for a particular object is only personal to you; what you treasured as priceless might be viewed by others as useless if they do not feel similarly.



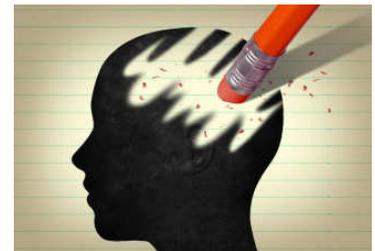
What we value are things which almost invariably link with people. This is because it is ingrained in our daily life. Friends are part of our life. Parents are part of our life. Siblings are also part of our life. Our lives are made up of a number of different parts and that's why when we lose out on a particular part, we feel the pang of grief.

Of the things we value most, our memories might be at the top of the list. More often than not, memories are happy and treasurable. Remembering how Scottish exchange student Kayleigh, and our home student Mabel were like 14 years ago, and coming face to face with them now simply delights us.

Comes the day when a person dies, or maybe develops dementia, the memory will be erased like virus attacking a computer. Gone! Gone as if it has never existed. Isn't that a weird thought?

The lyrics in Eason Chan's Cantonese pop song *Today Next Year* has this to say "If this moment I am seriously demented, I don't need to be loved. Always dreaming in bed, I won't be sad for the rest of my life."

I recently attended the funeral of an elderly relative who lived to 91. I met relatives and friends whom I have not seen for ages. Family gathered and shared life anecdotes. There were a lot of catching up and even cracking of jokes. The jovial and fun-loving deceased could no longer join in the conversations. Whatever that goes with him to the incinerator are the things he loved most. Whoever that grieved for him are also the ones he loved most. Amidst the friendly banter, there is this nagging feeling of loss and bereavement.



There is a saying that one will "Be reminded of the person when seeing his/her stuff". Well, does it work the other way round: that by destroying the stuff of that person, will our mind be rid that person altogether? Not necessarily. Memories will fade but not easily deleted altogether. If a person was very dear to you, s/he is indelible and does not require tangible stuff to remind you by. That person is already imprinted in your memory. If indeed you can be absolved from the feeling of lost by simply throwing away stuff, such *forgetfulness* could either be a blessing or that person was not that dear to you in the first place.



It can be a luxury to be able to discard, to forget, and to delete any unwanted memory. How you live your life depends, to a large extent, on how you store, discard or otherwise manage memories.



Bill Gates thanks Rotary for taking lead in fight against polio

Article from website of District 9500 South Australia, May 22, 2019

Bill Gates was just a few months old when the first polio vaccine was developed in 1955. Now the American philanthropist is at the forefront with Rotary in the fight against polio. He used a district conference in Spokane, Washington, USA, to thank Rotarians for their leadership and dedication to eradicate the disease from the planet.



Never, never, never give up. So long as Rotary members continue to believe that – so long as we never give up – then polio does not stand a chance.

That was the message delivered by Microsoft founder, Bill Gates, speaking at a Rotary conference in Spokane, Washington. He used the platform to urge Rotarians and the world not to give up in its fight against polio, with the battle in the closing stages.

ROTARY INFORMATION

PETER LAM



Thirty years ago, Bill Gates pointed out, there were more than 40 new polio cases an hour. Today, there are fewer than 33 polio cases a year. "And instead of polio being in 125 countries, today all but three are certified polio-free: Pakistan, Afghanistan, and Nigeria. And we hope that Nigeria will be coming off the map soon," he told the audience. It was in the mid-1980s when Rotary International began its campaign to fight polio. And in 1988, Rotary helped to found the Global Polio Eradication Initiative along with the World Health Organization, UNICEF and the Centers for Disease Control & Prevention.

The last 40 cases are far more difficult than the first 400,000. And preventing them takes more experience; it takes more grit – and more learning and innovation."



Bill Gates hailed the role of Rotary International for leading from the front. He added: "In the years since, Rotarians have proven themselves heroes in public health. "Not only has this organisation raised more than \$1.8 billion dollars to fight the disease – you have fought it yourselves, sometimes on the front lines. "Here's another way of looking at it: There are more than 18 million people walking the Earth today who would have otherwise been paralysed by polio. And none of it would have happened without you." Bill Gates admitted that the burning question on everyone's lips was when would polio finally be wiped from the face of the earth? "We've come so close to eradication that now it's easy to imagine it happening. Instead, people wonder: When can we stop imagining? When will polio eradication be real?" he asked. "It's a fair question. When this initiative started, the head of the World Health Organization declared that we could eradicate polio from – and I quote – 'spaceship Earth by the year 2000'.

"But by the turn of the millennium, about 33 per cent of the world's population was still living in countries where the virus was still endemic. "That's when our foundation (**Bill & Melinda Gates Foundation**) got involved. And although we've come so close to zero in the years since, that magic number has eluded us. "Last year, the total number of polio cases worldwide was 33. "I think all of us are frustrated by this. But Rotarians most of all."

"Each year, many of you travel around the world, saving children from a terrible disease two drops at a time – and everyone hopes it will be the last year you have to do it; that we'll have no need for polio vaccination campaigns anymore because polio won't exist. "But I also think most of us understand the challenge: Fighting polio today is much harder – and different – than fighting it the 80s and 90s. "The last 40 cases are far more difficult than the first 400,000.



And preventing them takes more experience; it takes more grit – and more learning and innovation." Bill Gates pointed to the success of eradicating polio from India and which has now remained disease-free for five years.

And he highlighted the work of vaccinators in Nigeria where they can predict where the disease will be by understanding the geography of polio. "Even in the world's most dangerous places, we've shown that we can stop polio in its tracks," added Bill Gates, pointing to the work of vaccinators who dealt with two million refugees fleeing war-torn Syria to Jordan, Lebanon and Turkey. He added: "So back to the question: When will we eradicate this disease? I think the answer is: sooner than recent history indicates. "We've not only cornered the last few cases of polio – we've also spent the last few years sharpening the tools and the strategies to finish the job.

The only question is whether we have the will to do it. "Whether people and governments still believe eradicating polio is worth it. And that's more of an open question than I would like." Over the next five years, the Global Polio Eradication Initiative will need a total of \$3.27 billion to continue its work, and Rotary will be at the heart of that fundraising.

Bill Gates acknowledged the thought that this money could be better spent on other similarly worthwhile causes, rather than a handful of cases for a specific disease. But, the American businessman described fighting disease akin to fighting a fire – it's not enough to put out most of it. Unless you extinguish it completely, the disease comes roaring back. And projections show that if the world gave up the fight against polio today, as many as 200,000 children could be affected annually by 2029. "Within 10 years, we'd backslide to where we were 40 years before," he added. "Back around 2013, when Ethiopia looked to be free of the wild poliovirus, a few cases cropped up."

A look back of our club's activities by topic in the past

FLASHBACK
OLD TIME PHOTOS

Joint meetings



PETER LAM

RC Peninsula 4 Generations joint meeting 15 Feb.2017 at Chinese General Chamber of Commerce meeting hall with Mr. Benjamin Tang Kwok Bun, GBS former Director of Audit as keynote speaker.



2017



2016

President Vikky Tam with members at Area 6 joint meeting on 25 Jan. 2016 at Royal Plaza Hotel. Secretary for Justice Rimsy Yuen 袁國強 was the keynote speaker.



2015

President Natalie with fellow Presidents, DG Belinda Yeung and Rotary dignitaries at RC Peninsula 3 Generations joint meeting at Royal Garden Hotel 11 Mar. 2015.



2011

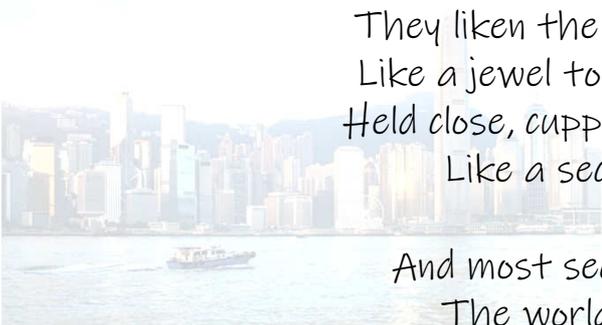
At our joint meeting with baby club RC Central on 30 May, 2011, Eddie Ng (吳克儉), JP was our keynote speaker in his capacity as Chairman of HK Examinations & Assessment Authority. Our Interact club school TTCA Principal Samuel Cheng also attended.



2010

We were the host club of this Joint meeting with Area 6 NT 8 clubs on 7 Jun. 2010 held at Royal Plaza Hotel. Our 2009-10 GSE team leader PP Kenneth Wong and his team were invited to give presentation. Dennis Lo was our President while Francis Au served as MC.

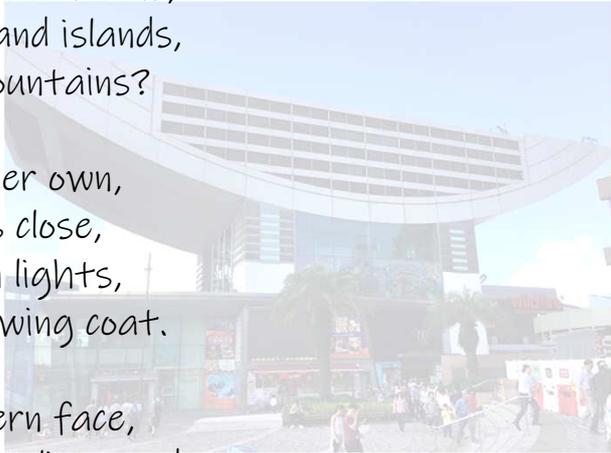
A Hidden Gem



They liken the land to a shimmering pearl,
Like a jewel to be treasured and hoarded,
Held close, cupped by the hands of the sea,
Like a secret jealously guarded.

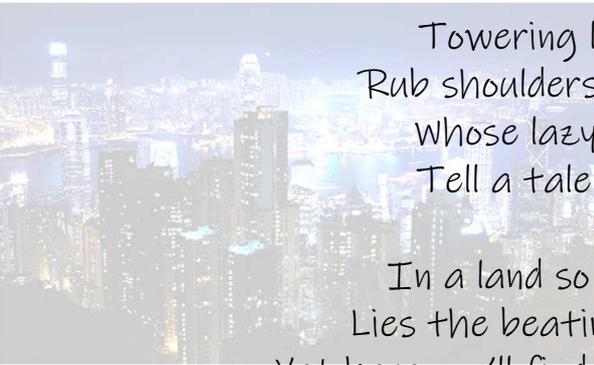
And most secretive, the land, she is -
The world sees a grand façade,
A futuristic face of steel,
Over which the great Peak guards.

But who sees the sweet face,
The green mist-shrouded mountains,
Or golden sun-kissed bays and islands,
And the hidden garden fountains?



The city has a life all her own,
She keeps her secrets close,
Beneath the vivid neon lights,
That she wears like a glowing coat.

The city's vibrant, modern face,
Frames the quiet beauty that lives under,
In secret gardens and quiet green spaces,
That leave me filled with awe and wonder.



Towering light-show office blocks,
Rub shoulders with ancient monasteries,
Whose lazy trails of incense smoke,
Tell a tale of wonder and mystery.

In a land so vigorous, green and alive,
Lies the beating neon heart of civilisation.
Yet here you'll find awe-struck peace and tradition,
Of a secret world, ceremonial and ancient.

Kayleigh T. Miller
6/11/19

Hong Kong 2019: I Had to Come Back

Kayleigh T. Miller

I write this sitting in Edinburgh, a city that I found so very different in character from Hong Kong and yet which reminds me of it sometimes. That is, with the exception of the currently constant scratch of the tawny shed leaves littering the street and the breeze which drives reminds me that here it is a toasty 7 degrees instead of 27. I can't imagine that is a regular occurrence in Hong Kong, even in winter. How many of you have to own more than one scarf?!

My home, my city, leads a double life; separate old and new town living side my side. A bustling town centre but quiet, peaceful parks. A wild nightlife but stern, forbidding, monumental libraries and museums as noted for their architecture as their contents.

And yet, when I came to Hong Kong for the first time in 2005, when I felt so utterly welcomed, so comfortable and at home, it was not because it reminded me of Edinburgh. After a whirlwind two weeks, two of the best weeks of my young life, I was left feeling rather more familiar with Hong Kong than I was with Edinburgh.

I grew up in Kirkcaldy, the fellow Rotary Club that Tai Po partnered with to bring myself and my friend Amy halfway across the world to a place that would turn out to feel like my second home.

Edinburgh, for me at 16, consisted of three streets. A city of 102 square miles and a population of nearly 500, 000 reduced to three streets.

I tell you this to make it clear how visiting Hong Kong changed how I saw the world. I knew it would be a grand adventure but not that it would teach me, a nudge from a girl to a young woman.

I learned how to immerse myself in another culture, to analyse my experience to share it at home, to present confidently to large groups of people. I learned how enthusiastic I was about my heritage, about sharing messages with people, being part of something that broadened my horizons and, I hope, those I came into contact with.

Once I came home, it was a source of disappointment to me that I did not yet feel equipped to come back. For fourteen long years. I still had a lot of growing up to do, though.

This year, in February, I turned 30 and I finally decided that I was done waiting. As a birthday present to myself, I organised a trip to come back.

I had kept in touch with a number of the friends I had made in Law Ting Pong Secondary and Immanuel Lutheran College. I was lucky enough to maintain contact with some of the Rotarians, such as Claire and Timmy, who had helped to enable my visit the first time. In the intervening years, I had been lucky enough to meet up with a number of friends who had visited Scotland and I wanted to make the return trip.

I couldn't think of a gift I wanted more than to stand in the neon-lit streets at night, to see the architecture, to sit in the sun in a tranquil garden, to stand at Buddha's feet again, to see the people who had gone out of their way to make a teenage girl from a small town halfway around the world feel like she belonged in Hong Kong.





And I did all of that, and more.

This trip was my gift to me from me, but every single day somebody else made it special too. From ex-LTP students taking me to the Peak, meeting me for dinner or helping me finally taste eggettes (As a foodie, I had an eating agenda as well as an activity to-do list), to dinner with Mabel, to the generous welcome, kind words and enthusiasm with which I was met by the kind souls of the Tai Po Rotary Club, everybody continued to make time for me so that I felt just as welcome as in 2005.

There is, however, still much to do. There are places I have yet to see, snacks yet to try and stories yet to share. I have been reliably informed by Florence and her friends that I am absolutely forbidden from waiting 14 years until I return again. I have been given 4 years at the outside before I have to come back and this ruling is no chore for me. Especially because I didn't enjoy the reminder of how the years have passed since then! To hear stories of my previous hosts', Wilson and Jacky, and the huge steps in their family - Previously little Chloe as a successful woman in her own right, Jacky's new grandchildren - was a shocking reminder that there I am no longer 16, while many of you showing up at the Kowloon Cricket Club continue to look unfairly young!



I know the MTR like the back of my hand, I was on the Ferry so often the sailors probably recognised me, and I feel like a local when I walked around Tsim Sha Tsui without a map. As I said, Hong Kong has got under my skin. It's in my bones, like a second home and I speak about it, and my adventures there, so often and so fondly that I think several of my family and friends believe that they have been themselves; I paint it in such detail.

As a new homeowner, and with my wedding date set for the 1st of February 2020, eight days before my 31st birthday, I won't be back as soon as I would like. But who knows? Perhaps next time I can stop talking about it and share this amazing place and the friends I have been lucky enough to meet, to bring the stories of Hong Kong to life.

Until the next time, I would like to express my most sincere gratitude to the Rotary Clubs of both Tai Po and Kirkcaldy. As hard as I worked to earn my place on the scholarship I received in 2005, this love affair with Hong Kong would never have happened without you all and my gratitude for such a defining experience goes to you all.

Editor's Note:

Rotary Club of Tai Po and Rotary Club of Kirkcaldy hosted a very successful Youth Exchange program in 2005 when RCTP was awarded the District International Service Award in RY 2005-06. Two students from each place were given a chance to experience life in the other place for a fortnight, home-staying and attending school etc.. Our home students were Ms. Mabel Chu and Ms. Florence Cheung. The Kirkcaldy students were Ms. Kayleigh Miller and Ms. Amy Bremner. 14 years had gone by and Kayleigh was recently in Hong Kong from 20-27 October 2019.



CP Donald's Birthday Party

4 Nov 2019
Claire Mak

RCTP turned an otherwise quiet and peaceful Monday evening on 4 November at the Pavilion in Kowloon Cricket Club to a noisy and jovial party as we celebrated with Charter President Donald, his 81st birthday.

Members' attendance reached 84% and, in addition to our active Rotaryannes, we also have representatives from mother club and son clubs, inclusive of DGE Eric Chak from RC Peninsula; President Rosenna Mak and PP Elsie Gung from RC Central and PPs Polly Yeung and Menza Chu from RC SoHo HK. CP Donald's family, Past President Francis Au, Charles Chan and Clara, Ping Leung and Angela, Caren Chan and a few friends of members also came along. There were a lot of chatting and catching up and PP Peter was busy taking photos. Needless to add, CP Donald was constantly flanked by lovely ladies and handsome men respectively wishing him happiness and longevity.



PP Natalie, PP William and Rtn. Danny form the team who puts together the Party. We started with handsome Alaric introducing what's planned for the evening and thereby bringing out all the auspicious wishes to CP Donald as embedded in the names of the games.



Buffet dinner was served and there was this Band playing oldie music. Then came the first game. CP Donald tested lucky ones the origins of certain old slangs. It was fun getting to know how phrases like "發ti 騰", "爆格", "丙人" ... etc. came about. And there were prizes to be won!



As members helped themselves to some dessert the second game also took place. To the amusement of many, it was basically a game of "stone, paper and scissors" with lai sees to give away.



There are a few things which everyone expects at CP Donald's birthday party. First, of course it is the birthday cake and birthday present. This year, the present is a framed caricature of Donald and Anne. Lovely!



Another indispensable item are songs and music. The singing were of super quality that evening! The star singers included CP Donald, DGE Eric, PP Francis, CP's daughter Sally ... And we were divided into our 4 teams to sing songs with jolly good melody – actually some oldies.



Lastly, it is RCTP's tradition to reveal the "succession plan" at CP Donald's birthday party. So following Sally, Wilson, we have Danny agreeing to fall in line as our future leader! Yeah, congratulations RCTP!

There are abundant red and white wines, whiskey and champagne. Have you got yours? Raise your glasses and cheers! Many happy returns CP Donald!



About Nomination of District Governor

Claire Mak

In the second half of last Rotary year, our Immediate Past Governor had incessantly sent you email messages and other notifications about restructuring District Governor's Nomination. Not having paid much attention then nor having attended any of the briefing forums, I was entirely oblivious of what went on. Above all, I did not possess the necessary wisdom to decipher IPDG's convoluted messages. The debate ended up in a *fiasco* at the Resolution Session in the May 2019 District Conference.

What seems to be the problem?

Left to pick up bits and pieces this year, the District Resolution Committee 2019-20 ("DRC") aims to devise a methodology for District Governor nomination in 2020 and beyond. I am enlisted to serve on this committee and thus have the chance to read up some relevant literature and got to know what the concern is. At the moment, a district-wide consultation is underway. Before President K F briefs you of the latest, it may perhaps be useful for me to attempt giving you an outline of the matter.

Background to DG Nominations in our District

District 3450 has been using the District Nominating Committee ("DNC") process to select the governor-nominee-designate. The DNC seeks out and proposes the best qualified candidate as governor-nominee.



DNC oversees the entire nomination process, empanels the Balloting Committee, deals with election review, if necessary, and handles whatever is additionally necessary until the best qualified Rotarian is selected.



In the year when Francis was our president, **Resolution no. RC/1 2014** was passed at the District Conference resolving, amongst other things, that the composition of the DNC be changed to comprise an **equal number of PDGs, Past Presidents and Rotarians**, and the number of each category equals the number of areas in our District. Further, there is a Pre-Q assessment to be conducted by an ad hoc Committee appointed by PDG Council who shall report the findings to the PDG Council which in turn reports to the DG who will share the same with the DNC at the meeting convened for the selection of the District Governor Nominee-Designate.

So far so good until January 2017 when RI announced the "Term Limit for Membership on Nominating Committee for Governor" via the Rotary Code of Policies 17.040.2, that "...District Nominating Committee members should serve for **no more than 3 one-year terms ...**"

Other Options for Nomination

Other than nomination by DNC, the other 2 processes available under the RI Bylaws for nomination of district governor are by Club Ballot, or balloting at District Conference.

These are matters of operation. "Club balloting" allows 100% club participation and appears to have strong District support now. Such balloting can be done by mail or voting at district conference as per RI Bylaws. And it is the same as ballot by mail or balloting at District Conference.

Qualifications of a District Governor



To complete the discussion, the qualifications for being a district governor candidate are set out in RI Bylaws and include: 7 years as a Rotarian, from a Club in good standing, having served full term as club president or 6 months as charter president, possesses commitment, is knowledgeable of governor's duties and willing to perform governor's duties and responsibilities. Pre-Q assessment is encouraged but not a prerequisite for candidacy.

The Changing Role of the DNC

Under whichever process of nomination, a DNC is still required to source, assess and identify qualified Rotarians as DGND candidates. The DNC is a working committee which must be of a manageable size drawing on the experience of the past governors and senior Rotarians. RI literature does not spell out the composition of the DNC except that if a District fails to select DNC members, the 5 most recent past governors form the DNC as a default process.



In the light of the above discussion especially the short comings in the current DNC arrangement, it appears that the nomination methodology and the role and composition of DNC require changes. This is where the DRC comes in.

The work of the RI District 3450 Resolution Committee (DRC)

In addition to inviting, assessing and presenting draft resolutions for deliberation and acceptance in the 2020 District Conference, the DRC will continue to examine the resolutions relating to district governor nomination presented at the May 2019 District Conference, and pursue a course of district wide consultation and communication, culminating in recommendations for approval in a District Legislation Meeting ("DLM") in late 2019/early 2020, in time for the nomination of the next DGND in 2020.

Consultation for Changes

Consultation has recently started and there are already suggestions received. Let me try to canvass a few.

Club balloting appeared favoured. That every Club has a vote appeals to Rotarians. And there was no adverse comments on Pre-Q assessment.

One suggestion is for the DNC to be a committee of 10, of whom 5 are past governors to be nominated by the Chairperson of the PDG Council, and 5 by the District Governor. Its Chairperson can be the Chairperson of the PDG Council or the most senior PDG in the DNC. This will ensure both continuity and a healthy rotation of membership offering quality experience and insight.

The Balloting Committee is a 3-person committee appointed by the DNC. In line with traditional practice, the DG remains the convenor of the entire nomination process. He will not serve as a member of the DNC.

Consultation Paper

A consultation paper has been distributed to all District officers and Club Presidents. Feel free to discuss and offer ideas.

A further paper summarizing views gathered will be made available in early December 2019. Based on this further paper, formal resolution will be drafted for approval at a DLM to be held, latest by Feb. 2020.



The District Legislation Meeting (DLM)

Like Resolution Sessions conducted in district conferences, the DLM will require attendance of voting delegates, the necessary quorum etc. Right after the DLM meeting, the exact dates of DGND election will be announced.

Reference Materials

You now have an idea of what the matter is about and may be interested to read the relevant original materials.

The relevant RI Bylaws:

- Article 12 Nominations and Elections for Governors
- Article 16 Governors

The relevant Rotary Code of Policies (October 2019 version):

- 17.040 District Level Elections
- 19.030 Governor-nominee Selection
- 26.060 Election Guidelines and Campaigning

The relevant Resolution of RI D3450:

Resolution No. RC/1-2014



Membership of DRC 2019-20 is as follows:

Chairman PDG Y.K. Cheng	Hong Kong Island East	CDS Angela Chan	Kowloon Tong
DG Wilson Cheng	Kowloon Tong	PDG Peter Wan	Tolo Harbour
PDG H.W. Fung	Metropolitan Hong Kong	PP Joao Leao	Macau Central
PDG Kenneth Wong	Tai Po	PP Jimmy Ma	Happy Valley
PP Vitus Leung	Hong Kong North	PP Nigel Lo	Hong Kong North
PP Claire Mak	Tai Po		

Tai O Heritage/Cultural Tour

10 November 2019
Claire Mak

It was very fine and sunny on 10th November. 26 of us from RCTP made best use of this beautiful Sunday for a Cultural and Heritage Tour around Tai O, one of the last 3 remaining fishing villages in Hong Kong..

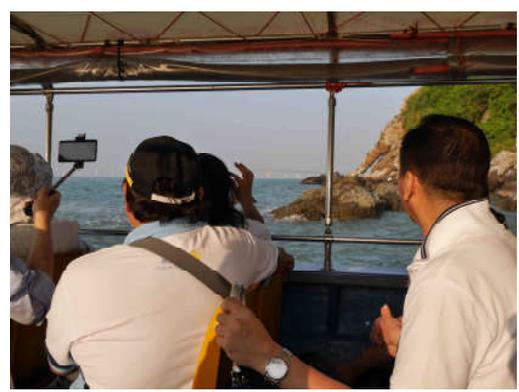
A chartered Lantau bus took us from Tung Chung bus station to Tai O village. We walked along the seaside promenade before reaching 東方小祇園菜館 where we lunched. No, it is not all vegetarian like its sister restaurant in Wanchai but one which also serves tasty salt-baked chicken and sweet & sour pork. All the dishes are so good, it makes the hike worth our while.



After lunch, we broke up into small groups for touring Tai O village in the form of an Orienteering game prepared by YWCA. As we ventured around the village, visited a few of the local landmarks and spoke with the locals on the way, we got to know how the former trading and fishing port has changed as the younger generations moved to the city. We also see friendly folks making a living the old traditional way at the lively market and we were amazed by all the fresh and dried seafood and the Tai O famed shrimp paste on sale almost everywhere. Charles and Clara braved the long queues for a taste of the 'Husband' cake and doughnuts; William and his kids sampled grilled squid and ice-cream; while Creamy and Trix tried out the ginger juice milk curd.



We then boarded 2 boats which took us to the waterways for a close up view of the stilt houses, a predominant feature of the old Southern Chinese fishing villages. The boats then headed out to the open seas when the boatmen pointed out some of special coastline features and the HK-Zhuhai-Macao Bridge. We also tried our luck at pink-dolphin sighting but ... unfortunately, the dolphins did not heed PP Louis' call and none showed up.



The boats ended up at the pier of Tai O Heritage Hotel and we alighted there. The warm and hospitable manager Karl Law greeted us and gave our group a guided tour round this charming 9-room Hotel. We learned that it was formerly the old Tai O Marine Police Station which was built in 1902. When the conversion was underway, they took special care that restoration has to meticulously retain the traces of history and beautiful architecture. The heavy metal grille window shield, the bullet holes, the canons, the lotus pond, the Guard Tower ... all have stories to tell. Needless to add, members seized the opportunity to take lovely photos before the sun set.



The early dinner at the Hotel restaurant, Tai O Lookout, comprised a hand-picked menu of the local specialties, thanks to Executive Sous Chef Sky Chan. Different from what one might expect at a hotel dinner, the dinner courses include deep-fried shrimp toast with salty egg yolk, Crispy chicken wings with shrimp paste and Fresh Garden Vegetable Salad. Main courses are a choice between Tai O Lookout Fried Rice and Pan fried house-made salty fish pork patty with rice. Dessert was Cheese cake with mountain begonia sauce. We had had a good time sampling all these specialities.



After dinner, we beat our retreat to the bus station after an easy stroll from the Hotel and guided by lovely moonlight. We took the chartered bus back to Tung Chung Station before dispersing. It was a leisurely yet fulfilling Sunday spent with good food, good friends and good itinerary.



Regular Meetings

21 October 2019



Old friends met! PPs Peter, Jacky, Wilson and Claire and VP Wilson all played a key part when Scottish **Kayleigh Miller** was in Hong Kong for the Youth Exchange project in 2005.



The HK representative at the time, Ms. **Mabel Chu** (3rd right), who is now teacher at TTCA and also Rotaryanne **Alice Chung** (1st right), wife of former member Timmy made their way to joining us to catch up with Kayleigh.



We had a very successful Youth Exchange program (Kirkcaldy / Tai Po) straddling Louis' and Claire's year as president; and had won us the District International Service Award in RY 2005-06. One of the 2 Scottish students, **Ms. Kayleigh Miller**, was in Hong Kong and attended our meeting. She gave us a brief update of herself and also brought along some **Scottish delicacies**.

PP Grace Yen of Rotary Club of HK Harbour gave a presentation of **The One Award**.



Dr. Amen Lee explained how the brain functions and gave us tips on persuasive promotion when he talked about "NeuroPersuasion".



Pres. K F and Rotaryanne Trix presented **Birthday gifts** to **PDG Kenneth** and **PP Jacky**.



Rotaryanne Creamy gave out an exquisite bottle of **red wine purchased from Italy** for raffle draw which was won by **Rotaryanne Trix**.

28 October 2019



Neurosurgeon **Dr. C K Wong** tried to make it easy for us when he discussed various cerebrovascular disease symptoms to bring out **Prevention of cerebrovascular disease and most updated therapies**.



After having given a **Vote of Thanks**, **PP Louis** joined President KF to **thank Dr. C K Wong** and **Mrs. Margaret Lau** of New Town Specialists Medical & Dental Centre.



Rotaryanne Trix seems to be winning all the wines. There she goes again, taking home the bottle of **whiskey encased in a beautiful cask** given out by PP Vikky and presented by PE Sally on her behalf.

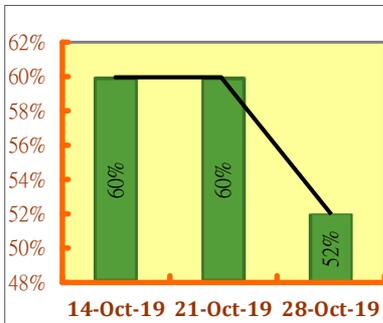


Upcoming Events

Date	Time	Event	Venue
25 NOV (MON)	7:00 p.m.	Joint Meeting with Baby Club, Rotary Club of SoHo HK Speaker: Dr. Michele Yuen Topic: 講[糖]書	Fincher Room, KCC, 10 Cox's Road, Jordan.
2 DEC (MON)	4:30 p.m.	Interact Club of Tsung Tsin Christian Academy Installation Ceremony	Activity Hall, Tsung Tsin Christian Academy, 8 Lai Hong Street, Cheung Sha Wan.
3 DEC (TUE)	6:00 p.m.	Intercity Meeting Rotary Foundation Trustee Chair, Past Rotary International President Gary Huang	Regal Kowloon Hotel, TST East
16 DEC (MON)	7:00 p.m.	Rotary Club of Tai Po Annual General Meeting	Fincher Room, KCC, 10 Cox's Road, Jordan

HAPPY Birthday
November
 18th DONALD YAP
 25th PEARL DANG
 26th SALLY LUK

Average attendance: 58.66%



SASHA CHU HENRY WANG
 PATRICK FONG SINCERE YIP
 NATALIE KWOK CM YU

October 2019
 ★ ★ ★
 Perfect Attendance

Anthony Hung Claire Mak
 Peter Lam KF Tam
 Wilson Lam Wilson Woo
 Sally Luk Frankie Wu

Got Something to say?

Tai Post wants to hear from you.
 Write in to clairerctp@gmail.com

The editorial board
 Claire Mak
 Peter Lam

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XMAS PARTY

ROTARY CLUB OF TAIPO

Tom Bar & Grill, G/F, Harbour View 2,
 16E Science Park East Avenue

20 Dec 2019 (Friday)
 06:30pm Fellowship | 07:30pm Dinner

20 DEC 2019

