



PRESIDENT'S MESSAGE

WILSON WOO

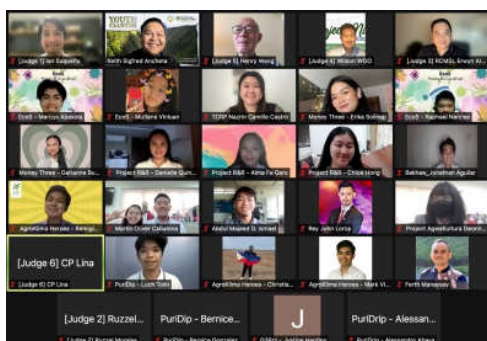
JUNE 2022 MONTHLY BULLETIN OF
ROTARY CLUB OF TAI PO

Dear Fellow Rotarians,

Time flies! This is my last message for my presidency. A year ago, many of you told me that every Rotarian should be the president at least once in their Rotary life. After a year, I can tell your advice is full of wisdom. Being the president, I have broadened my horizon, met many good Rotarians and learnt more about Rotary. A year is not enough to learn everything and there is still a lot of room for me to improve. But I will continue serving our club and the District, keep exploring, learning and help changing lives. It seems like just yesterday when it was my installation. And taking this opportunity, I wish to remind you all that the upcoming club installation will be held on 4 July at Royal Plaza Hotel. I think you should have already marked your diary.



In this year, we and our sister club – RC Makati San Lorenzo have worked out some extraordinary projects, including the Global Youth Climate Summit and Project Niche – Pitching Competition. Through these activities, the Global Youth Environmental Advocates together with Rotaractors in Hong Kong and Philippine were connected and they developed practical solutions to address the global climate crisis. It is on the right track to arouse our next generation and all others about our planet.



Our services and fellowship activities never stop. Through participating in District events, the bonding among our members has been enhanced. Everyone knew that is the tradition of RCTP. Working together with our service partners, we care for and serve the people who really need our help and support. It has been proved that our service changes not only other people's lives, but also our own.

Congratulations Incoming President Danny. I believe you will lead us to another height. Members are already on board to continue to support you, our club and the District as well. At the Club Assembly, you have told us about your dream and direction. I believe we all have the same goal, and we will work towards it together. I assure that all members will engage more with each other and use these connections to build better partnerships that change the world.



Wilson



Meeting at 7PM every Monday
@ Regal Kowloon Hotel



Rotary Club of Tai Po
URL: www.rctaipo.org



#rctaipo

EDITOR SAYS



CLAIRE MAK

We have reached the last issue of Tai Post of this Rotary year. We had not had as many physical meetings as were usual in years past; but thanks to the persistence and leadership of President Wilson, RCTP members still maintained contact with each other by having weekly zoom meetings until the club resumes physical meeting in late April this year.



Staying in touch is important because humans can never be isolated from each other, not in a long run. This idea manifests itself starkly in recent times with the social-distancing rules when some people reportedly developed depression or other mental conditions. Indeed, a lot of matters cannot be achieved by a single person. It is thus always good to make more friends because you never know when you may require help from others.

Speaking of friends, one has to differentiate real bosom friends from those hi-bye ones. Insincere friends can be a pain, more so if they gloat in others' misfortune, including those of close friends. They won't try to help resolve a friend's predicament, but rather will be quick to spread the word or let slip of irresponsible remarks, thus laying bare the opportunities for gossiping. Such people just have to know how to better manage their tongues. I do not advocate saying only sweet words; but how about simply saying less?



Some people really do not know how to properly express themselves and lacking practice worsens the situation. The recent social distancing regime and "closing of schools" and "working from home" measures are said to have adversely affected the development of interpersonal skills (whether of children, adult or elders). What obviously is a compliment to another person might come out as an ironic remark and turns the atmosphere awkward. Yet, to shy away from shyness and awkwardness won't help at all.

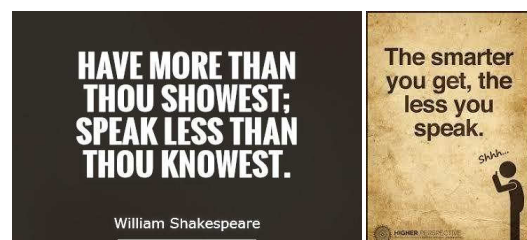


Being shy is not insurmountable and it helps to have more personal interaction. At the recent Rotary SDG Action Forum cum Inclusion Recognition Ceremony, we witnessed how technology can help enhance Special Education Needs students to reach out and better express themselves.

The number of friends a person has inevitably relates to his personality. Yet don't be too sure that people who don't talk much will have fewer friends. On the contrary, a quiet person may attract a lot of friends because he or she is personable. At least, one feels comfortable with a quiet friend who is not gossipy.



At the other end of the spectrum, some people try to hide their fears and weaknesses by talking a lot. They tend to avoid dealing with the real problem by occupying their mind with talking. This does not work well because problems or weaknesses should be dealt with by having the right thoughts on the way to resolve them, not hiding or running away from them. In this regard, the time used for talking can better be used to listen more and thinking even more. We should make use of our mind more often than we make use of our mouth. When you think more and speak less, the distilled effect will be that words which come out from your mouth will bear wisdom.



The Rotary Magazine Photo Awards 2022

From RI news and Rotary Magazine June issue

ROTARY INFORMATION

PETER LAM



If Service Above Self is the vision that unites Rotary's 1.4 million members around the globe, photography is the language that expresses that vision without need for translation or interpretation. A great photo — such as one that captures Rotaractors planting trees in Uganda or freezes in time a man bicycling through rainwater near a Taiwanese landmark — transcends geographical and cultural barriers. It narrates a story and depicts a way of life in one part of the vast Rotary world.

The magazine received more than 600 entries from across the family of Rotary. This year's winning entries represent a wide range of subjects and regions: silhouettes of children playing in Tondo, a poverty-stricken municipal district of Manila, Philippines; a Vietnamese artisan drying magenta-tipped incense sticks near Hue, the country's spiritual capital; a fisherman casting his net into a river in Benin; and the glowing tents of a climbers' base camp in the snowy peaks of Nepal. Collectively, all these photographs endow us with a rich, varied, and humbling view of our planet and its people. Each photo also contains a powerful visual narrative that sparks our curiosity. These photos are our eyes on the world.



Winner: Sunset in Manila, Philippines

Photographer: Heinz-Gerd Dreehsen
Rotary Club of Oberhausen, Germany

Judges say:

The playful, organic shapes of the kids' bodies make a stark contrast with the hard lines of the electric poles and wires. Despite the photo's limited color palette, you feel like there is an explosion of color.



Winner: People of action

Photographer: Derrick Kabuye
Rotaract Club of Kampala South and Rotary Club of Chicago Citywide Service

Members of the Rotaract Club of Kampala South, Uganda, plant trees in Nyakijumba.

Judges say:

This photo is all about capturing the moment. The photographer had great timing to perfectly frame the sapling in the air between their hands.

Honorable mentions

Photographer: Hansruedi Frutiger - Rotary Club of Gombak, Kuala Lumpur, Malaysia

An artisan displays incense near Hue, Vietnam.

Judges say:

What caught our eyes about this image is the angle, the way it was taken slightly off-kilter. It really works. That and the contrast between the bright red color and the neutral tan color really make for a beautiful image.



Honorable mentions

Photographer: Wang Chiende-te - Spouse of Su-Chen Lin, Rotary E-Club of New Taipei Inter-Industry

A cyclist rides in Liberty Square in Taipei, Taiwan

Judges say:

This photo is striking because of the mirror imaging. Having the two red shapes lead your eyes back into the horizon line is really successful.



✂ There are a total of 9 Honorable mentions which are included in RI website or June Rotary magazine.



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FLASHBACK

A look back of our club's past activities by topic

PETER LAM



Fellowship at nostalgic venues



2017

During our two sister clubs RC Taipei (with Taipei Diamond) & RC Makati San Lorenzo's visit to join our annual ball in June 2017, we entertained our guests for lunch at the Jumbo Floating Restaurant in Aberdeen, followed by tour to Repulse Bay and happy hour in Pacific Club and dinner in Tsimshatsui. Perhaps none of us would have imagined back then that it would be our last visit to this nostalgic venue which makes the event even more memorable now... as we long to resume our physical exchanges with friends from our sister clubs.



2014

Fellowship lunch with RC Guia at Restaurante Litoral 海灣餐廳 in 下環 Macau, Apr. 2014. We were glad CP Donald & Anne, then new member Sally Luk and PP Andy Li of RC Kwai Chung (2021-22 DGN) also joined our trip there.



2013

We used to have club meetings and events at the restaurants in 1881 Heritage (old Marine Police Headquarters) in Tsimshatsui. 2013 DG Kenneth and PP Wilson Lam held their joint birthday party there on 6 Sep. 2013.



2009

Welcome dinner at Yung Kee 鑪記酒家 in Central with RC Taipei then PE Koji Lee (Story) and Chris Teunissen (Rtn. Mandarin) and baby club RC Central then PE Thomas Chiu, May 2009.



2010



Fellowship night at Yuen Long Tai Wing Wah Restaurant (元朗大榮華酒樓) Oct. 2010. Perhaps most of us remember the 豬油煲仔飯 instead of the 圍村菜 it is famous for by celebrity chef 食神梁文韜.



2022 District Golf Tournament

8 June 2022
Peter Lam

The 5th wave covid-19 since early January had disturbed many of our district activities so our golfers were delighted to know in end April that the annual District Golf Tournament originally scheduled to be held on 21 February could be held on 8 June. Yes, the event was finally held on the revised date in Fanling but the weather forecast of bad weather materialized . . . In fact it was a day of worst weather this year which saw the first red rainstorm warning hoisted so our game was cut short to about 10-12 holes from 18 and we had our lunch and prize giving ceremony earlier. Anyway, most of us were glad the event did kick off successfully with no rain, clear sky during opening ceremony at around 8:20 and we did enjoy several holes with mild weather, no heavy rain . . . As usual, I sponsored the game polo shirt so it would be a waste if the game were cancelled. If I remember correctly, it always rains during this event in the past many years. Let's wish for good weather in the future!



And what a big surprise! Despite the adverse condition and what our Tai Po team (Peter, Tsubaki, Frankie & Ping) considered not-so-good performance, we were so lucky to emerge as the champion team of the Net Score category (counting only 9 holes); and Peter & Tsubaki also won the 1st & 2nd Runners up respectively in individual net score group. For non-golfers, net score 淨桿 is not the actual (Gross) score 總桿 but a kind of scoring system where some of the holes are selected by organizer for scoring and handicapped calculation (so called New New Peoria system) . . . I must confess we were very lucky to get such good unexpected results! Of course all our team players never gave up and tried our best. Even when heavy rain fell in flooded ground, we kept playing till the very end and only stopped when a huge thunder roared and lightning occurred near us. It was so scary!



RC SoHo HK (A team) and RC Kowloon West were the 1st & 2nd Runners up in the Net team score category while the true winning teams of Gross Score 總桿 are: Champion: RC Island Green, 2nd: Channel Islands and 3rd: SoHo HK (B team). For Gross individual: Champion: PP Edmond Cheng of RC HK City North, 2nd: PP Frankie Lam of RC HK, 3rd: PP Winston Van of RC The Peak. By the way, our PP Ping also won the "on

green" charity hole sponsored by DG Keith where players who contributed \$100 won \$200 meal coupons with money going to charity.



Hypertension Update

Dr. YU Cheuk Man

Hypertension is a world-wide pandemic disease. It is a common disease in adults. Perhaps many friends and relatives around you are having this condition, whether you know it or not.

Let me first share with you some facts about hypertension.

- Hypertension affects 1.3 billion of world-wide population aged 30 to 79 years. Among them, two-third live in the low to medium income countries.
- It is estimated that 46% of hypertensive adults do not realize that they are having hypertension.
- Less than half of the hypertensive subjects (42%) were diagnosed of the condition and received treatment.
- Only about one-fifth (21%) of the hypertensive adults had satisfactory blood pressure control.



HYPERTENSION

You might wonder what are the negative impacts of hypertension if left undiagnosed or untreated. In fact, hypertension is one of the major non-communicable diseases, and is one of the main causes of morbidities and mortality. Common complications of untreated or sub-optimally treated hypertension include heart attack, heart failure, atrial fibrillation, stroke, dementia, kidney disease, ischemic limbs, visual problem, erectile dysfunction, complication in pregnancy, and more. These diseases result in significant physical disabilities or are even life-threatening.

It is therefore recommended that adults, especially those approaching middle age, should regularly monitor the blood pressure. Hypertension is defined as systolic blood pressure consistently ≥ 140 mmHg and/or diastolic blood pressure ≥ 90 mmHg. As noted, the “high normal” range is also called “pre-hypertensive” stage which warrants life-style modification and risk factor control.

There are risk factors that will predispose the development and exacerbation of hypertension, and these are in fact prevalent in the Hong Kong community. These include high-salt (sodium) intake, overweight and obesity, lack of exercise, cigarette smoking, excessive alcoholic drinking, high stress level, ageing, positive family history of young onset hypertension, as well as medical diseases such as diabetes and kidney disease.

Even though hypertension is often asymptomatic, one should still be vigilant on the occurrence of symptoms. These include headache, dizziness, flushing and sometimes nasal bleeding. When hypertension is severe or complications have developed, other symptoms may occur, namely blurring of vision, tiredness, nausea or vomiting, breathlessness, chest discomfort or pain, palpitation, urinary frequency, or even change of consciousness.



Category	Systolic (mmHg)	Diastolic (mmHg)
Optimal	< 120	< 80
Normal	120–129	80–84
High normal	130–139	85–89
Grade 1 hypertension (mild)	140–159	90–99
Grade 2 hypertension (moderate)	160–179	100–109
Grade 3 hypertension (severe)	≥ 180	≥ 110
Isolated systolic hypertension	≥ 140	< 90

Do you know?

- People who like high salt diet is more likely to develop hypertension. As a result, Northern Chinese have a higher prevalence of hypertension than Southern Chinese.
- Hypertension often has no symptoms, even up to moderate degree. Therefore, health check and self-monitoring of blood pressure is the key to early identification of hypertension.

When blood pressure is persistently elevated, it is recommended to consult your doctor early. Depending on medical condition, specialist referral may be necessary for assessment and management of coexisting complications, such as heart or kidney diseases. In hypertension, it is important to realize that the lack of symptoms does not imply a mild disease or the absence of organ damage. Therefore, further medical investigation and treatment are often needed for optimal blood pressure control.

When managing hypertension, life-style modification often plays an important role.

Here are the recommendations:

- Reduce salt intake (to <5gm per day or one tea spoon)
- DASH diet
- Quit cigarette smoking
- Reduce alcohol drinking (e.g. for wine per day, up to one glass for female and up to 2 glasses for male)
- Weight control
- Regular exercise



DASH stands for **D**ietary **A**pproaches to **S**top **H**ypertension. In essence, it emphasizes on eating more fruits, vegetables and low-fat dairy foods; cutting back on foods that are high in saturated fat, cholesterol and trans-fats; eating more whole-grain foods, fish, poultry and nuts; and limiting sodium, sweets, sugary drinks and red meats.

As for exercise, it may not be appropriate to start when blood pressure is high. An initial stage of blood pressure control by medical therapy is often needed. Upon successful weight management for obesity, blood pressure often improves. While a good program of life-style modification might normalize blood pressure in pre-hypertensive stage, it also reduces the amount for medical therapy in all other stages of hypertension. Even in normotensive subjects, life-style modification will have preventive effect for development of hypertension and many other non-communicable diseases.



May 17th is the **World Hypertension Day**. This year, I was honoured to be invited by RTHK for an interview to promote awareness and to educate the public at large on the management of hypertension. If you are interested, you can visit this link:

https://www.rthk.hk/tv/dtt31/programme/healthpedia_tv/episode/811495



WORLD
HYPERTENSION
DAY
MAY 17



2022 District Conference

K F Tam

Day 1
28 May 2022

On the Rotary International District 3450's calendar, there are a few big events that you just can't miss. Surely District Conference is one of them. This year, it was held on 28th and 29th at the Nina Hotel at Tsuen Wan West. It started off with the House of Friendship followed by the Leaders' Luncheon, then the Opening Ceremony and the remainder of the programme.

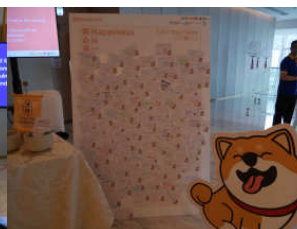


DG Keith Chow officiated the start of the District Conference, followed by the Welcome Remarks by the Conference Chair DS Elizabete Fong. The MC then introduced our Guest of Honour, Mr. Philip Chan, GBS, JP, and Chairman of the Hong Kong Jockey Club who gave an interesting speech on the topics related to the Hong Kong Jockey Club. Besides, an online message was delivered by our Rotary International President Shekhar Mehta and his personal Representative Ghim Bok Chew.



Following the various elevating speeches, we had the breakout sessions with topics ranging from 'Vocational Opportunities in the Changing World (HK)' to 'Education to Meet the Change', a total of 5 concurrent sessions with different topics.

One of the benefits of these sessions was that the audiences were able to pose questions to the panelists and had constructive discussions on the topics that could affect our Rotary lives. The dialogues could be helpful for the growth and sustainability of our District.



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Day 2
29 May 2022



Day 2 of the Conference began with the House of Friendship. The participants were so excited to meet each other after the 5th wave of Covid. Afterward, we had the second plenary session presided by District Governor-Elect, Norman Lee followed by the speech by Mr. Donald Choi, Executive Director and CEO of Chinachem Group. Also, an inspirational speech on the State of Rotary Worldwide was given by Rotary International President's Representative Rotary International Director- Nominee Ghim Bok Chew.



The high time of the morning sessions was the Conference Resolution chaired by PDG YK Cheng which was conducted in an effective and professional manner. The morning session ended with the Rotary Foundation Presentation by PDG Belinda Yeung.



In the afternoon we had the third plenary session which focuses on the New Generation and was presided by DGN Andy Li. The conference had invited keynote speaker, Ms. Ng On Yee, BBS, MH, World Snooker Champion; followed by sessions including various presentations on Rotaract, Interact, Junioract, RYLA, and Youth Protection Policy.



The whole conference ended in the most exciting atmosphere with the Award Presentation on POA (People of Action) video / photo competition and the Outstanding President and District Officer Awards.



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Rotary SDG Action Forum cum Inclusion Recognition Ceremony

4 June 2022

Viola Chow, Rotary Satellite Club of Tai Po - Companion

As we enter the fourth year of the pandemic, cities and countries are still fighting against the impact of COVID19 – yet the effects of virus reach far beyond economic crises and medical consequences. Recent studies show that physical health has been eclipsed by mental health especially in our locality, with the less privileged and the most vulnerable children and youth with Special Education Needs (SEN) and their families taking the brunt of the blow.

The UN has committed to promoting inclusive education and fair employment as part of its 4th and 8th Sustainable Development Goals (SDG). The 10th SDG also focused on the importance of empowerment and the promotion of inclusion of the disabled among other statuses by 2030. This is further supported by the 16th SDG promoting inclusiveness in legislation and policies including that for SEN children. As reported in the latest *Inclusive Employment of People with Disabilities in Hong Kong 2021: A Diagnostic Study*, knowledge of inclusive employment is lacking, and labelling and misunderstanding are commonplace.

With these in mind, the Rotary Satellite Club of Tai Po - Companion has decided to speak out for those with a lesser voice with a continuation of the previous Unlock Untapped Potential - Unleash Unlimited Opportunities Programme for SEN Youth in May 2019.



Date: 4 June 2022, Saturday

Time: 2:00-5:00 p.m.

Venue: Slowdown Family Therapeutic Centre - Flat 206, Block B, Tonic Industrial Centre, Kowloon Bay



Through a forum featuring multi-disciplinary professionals and first-hand perspectives from SEN families and individuals, photo exhibitions revealing the untold stories of the vulnerable, in addition to interactive booths showcasing the newest technological innovations making use of augmented and virtual reality, the event aimed to not only put much needed focus on this forsaken group, but also be an important platform for the community to exchange ideas and retread the path back towards inclusiveness and the SDG.



“Rotary Changing Lives for Youth of Differences” is a service to encourage Rotaractors’ and Rotarians’ employers to offer job opportunities for YODs and commit to create a diverse and inclusive workplace.

Rotary SDG Action Forum featured a seminar called ‘Applying Inclusion Lens to ESG / SDG initiatives’, followed by three interactive break-out sessions to empower special education vocational skills with technology.



For the 1st breakout session, Rtn Ernest Chan (our new member) sponsored the VR and AR training demonstrations with interactive AR Math calculation training and some more innovative VR expressive art demo.



Social Enterprise - We Paint led the 2nd breakout session with Inclusive Art Jam and Quick Sketch from 3 Autistic Artists to promote social inclusion.



For the 3rd breakout session, we had RABI (Robot for Autism Behavioral Intervention) demonstration and 4 digital signage kindly sponsored by PE Danny showcase our 8 Workplace Inclusion Photo Albums.



Co-Organizers: Rotary District 3450, WorkForAll, Supporting Organizations: Rotary, RSM, AESIR, SERVE TO CHANGE LIVES

Rotary SDG Action Forum cum Inclusion Recognition Ceremony

Disability • Technology • Inclusion

EVENT DATE AND TIME
4 June 2022 (Sat)
14:00 - 17:00 (13:45pm Registration)

Slowdown Family Therapeutic Centre
Flat 206, 2/F, Block B, Tonic Industrial Center,
Kowloon Bay, Hong Kong
Cantonese supplemented with English

PROGRAM HIGHLIGHTS

- Panel Talk: Applying Inclusion lens to ESG / SDG initiatives
- Interactive Experiences: Empowering Special Education Vocational Skills with Technology
- Inclusive Workplace Photo Exhibition
- Rotary Changing Lives: Embrace Inclusivity Recognition

Free Entry REGISTER NOW
<https://forms.gle/TWkGF5t6vYvQ9>
Apply NOW!
Registration served on first-come-first-served
For Enquiries: Rtn Sanita Chu Tel: 9171-2387





Inclusivity message from District has been disseminated by DG Keith Chow, followed by Rotary Changing Lives: Embrace Inclusivity Recognition Ceremony. Dr James Cheng, Gary Yeung, PP Peter Lam and Viola Chow have been awarded the Inclusivity Recognition Certificates from the District to recognize their hard work and dedication on promoting workplace inclusion for teenagers with Special Education Needs (SEN).



District “Blind” Bowling

12 June 2022

William Yim and son Alvis Yim

Certainly, bowling did not immediately spring to mind as an event held to raise awareness of visually impaired people and yet this was held successfully on the 12th of June this year.

Under the influence of the COVID pandemic, after a 2-year postponement, the event was finally held at the South China Athletic Bowling Center. It is not only great to experience and be aware of the difficulties visually impaired bowlers had, but Rotarians also rejoiced in meeting each other and all the families and friends in the Rotary family.

The ceremony started at 10:00. DG Keith gave an opening speech followed by the chairlady of the Hong Kong Blind Sports Federation. Then, an opening ceremony with all the VIPs and 11 honoured guests did their first shot to officially start the event of the day. This was followed by the demonstration of a world champion bowler. Players were motivated and excited to start in their own lines.



4 teams from the Tai Po Rotary family namely, Tai Po Sapphire, Tai Po Ruby, Tai Po Satellite and Tai Po New Generation participated in the championship. Each team includes four members, with one of them visually impaired. Together we played as a team to get the highest team point as well as individual points.

Everyone started bowling our first shot blindfolded, followed by several hours of bowling opportunities and tournaments. Each team played three games for the championship. The rest of the time, members are free to play. Whether the players received the awards after the tournament or left with a souvenir of a T-shirt to commemorate the event, everyone had an amazing time and departed with an enriched mind.

Many thanks to all participants, organizers, and of course, the help of President Wilson. Although Tai Po did not gain award at the end of the event, all participants had an enjoyable time and a valuable and meaningful experience. It was a very fruitful event being able to put ourselves in the shoes of the visually impaired people. And we shall be back again next year.



REGULAR MEETINGS

23 May 2022

Tonight's speaker **PP Daniel Lam** [3rd from right] is a member of the Board of the Hospital Authority, among his many other professional and social capacities. He came and speak to us in his personal capacity this time. His fellow Rotary Club of Kowloon member **PP Fred Mok** [1st from left] came and supported.



Welcome back Rtnn.
Creamy!



Satellite Club Past Chairman Gabriel Kwan joined us and promoted the upcoming Rotary SDG Action Forum cum Inclusion Recognition Ceremony.

PP Daniel Lam discussed with us, with first-hand knowledge, the “**Hardships and difficulties faced by the Hospital Authority during the Pandemic**”. With the on-set of the Pandemic, HA faced shortage of medical supplies including beds and negative pressure wards, ICE/PPE/respirators, vaccines, medicines ... not to mention the stretched manpower both of doctors, nurses and allied health staff. Then there was also the problem of recovery care, home stay etc. And private hospitals were not particularly helpful either.



From the **questions asked and comments raised**, it seems like our members are disappointed with how the Government and the Hospital Authority had responded to the Pandemic.



Pres. Wilson paid **red-box** for giving wrong surname of our guest **Crystal** whereas **DT Louis** paid for having given a lengthy comment.

PP Frankie delivered a sincere **Vote of Thanks**, thanking front-line medical staff while at the same time urging HA to learn from mistakes and be more prepared.



PE Danny presented the useful raffle gift of a **compact hand-held vacuum cleaner** to lucky winner **PP Armstrong**.



6 June 2022

Regular Meeting and Club Assembly



President Wilson rang the bell and started the meeting by recapping events of the week just past.

Wine connoisseur PP Natalie praises the bottle of red wine, originally given out by PP Frankie for raffle draw, as being of high quality and suitable for drinking right now. President Wilson then paid handsome red box for it to be opened and consumed by all right away.



Acting Sergeant Jules reported on the attendance and red box amount before members toasted to close the regular meeting.



PE Danny made known to us his new ideas and plans for the coming year at the Club Assembly.



Members voiced out opinions and discussed about the new ideas.



13 June 2022

Members were delighted to welcome back **CP Donald** and past member **Wilfred Kam**.



Brian Wong and **Frankie Lam** from Salvation Army came to our meeting to explain what they had been doing with the Sunshine Teens of TPHYKSS. Frankie also promoted plans in the pipeline including, in particular, the upcoming **abseiling event** at the school premises on 25 July.



PP **Peter Lam** reported on RCTP's excellent achievements at the 8 June District Golf Competition and offered to pay red box on what he considered as good-luck results.

Principal **Stanley Kam** spoke to us about **The Development of STEM Education in Hong Kong**. He started by giving us the background of government policy to promote Science, Technology, Engineering and Mathematics (STEM) as subjects of study and the abundant resources which the government and a lot of NGOs or other bodies injected for promotion of STEM. The Objective was to give students a solid knowledge base to enhance their ability to integrate and apply knowledge and skills for creativity, collaboration and problem solving. It was a mix of the knowledge and the soft skills which could be gained by hands-on practice and application.



Members such as PP **Louis Tang** and PE **Danny Lau** raised questions with Principal Kam whether a focus on STEM might detract students from sufficient moral education or philosophical pursuits. Past member **Wilfred Kam** asked what is the return of the vast investment in STEM and how Hong Kong compares with other places in terms of the STEM achievement.



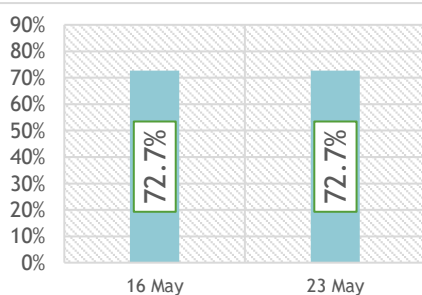
Our IT pioneer **PP William Yim** duly gave a **Vote of Thanks**.



PDG Kenneth Wong offered a set of **Bluetooth handset** for raffle draw and **Rtnn. Mary** won the useful gadget.

UPCOMING EVENTS

MAY 2022



Average attendance: **72.73%**

Date	Time	Event	Venue
20 JUN (MON)	19:30	Regular Meeting Speaker: Mr. Ernest Chan Topic: Apps for Children with Special Education Needs	Grand Ballroom 1, Level 6, Royal Plaza Hotel, 193 Prince Edward Road West, Mongkok
21 JUN (TUE)	12:30	(Mother Club)Rotary Club of Peninsula - Club Installation 2022-2023	Centenary Room, G/F, Marco Polo Hong Kong Hotel
27 JUN (MON)	19:00 - 22:00	Fellowship Gathering with Rotary Club of Central and Rotary Club of SoHo HK	China House Shops G06 & 07, G/F, Manhattan Mid-Town, 1 Po Lun Street, Lai Chi Kok
4 JUL (MON)	19:45 - 22:00	Joint Club Installation: Rotary Club of Tai Po and Rotary Satellite Club of Taipo – Companion Dress Code: Business Attire	Grand Ballroom , Level 6, Royal Plaza Hotel, 193 Prince Edward Road West, Mongkok



Leave of Absence

PP WILSON LAM

RONALD CHUNG
TSUBAKI MASAYUKI
SINCERE YIP

MAY 2022 Perfect Attendance

Anthony Hung
Natalie Kwok
Peter Lam
Danny Lau
Dennis Lo
Sally Luk
Claire Mak

Armstrong Shea
KF Tam
Louis Tang
Henry Wang
Kenneth Wong
Wilson Woo
William Yim

Got Something to say?

Tai Post wants to hear from you.
Write in to clairerctp@gmail.com

Tai Post reserves the right to edit articles
for length and clarity.



The editorial board
Claire Mak
Peter Lam



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