

# TAI 報 POST

MONTHLY BULLETIN OF ROTARY CLUB OF TAI PO

MARCH 2023

## PRESIDENT'S MESSAGE



DANNY LAU

Dear Fellow Rotarians,

It is exciting to see the world finally opening up (mask-free!)

We welcomed Agi and Soko, our fellow Rotarians from the Rotary Club of Ulaanbaatar, Mongolia with our Team 3 activity “上山下海”. For the first part of the trip, we went up Devil's Peak in Yau Tong. Not only did we enjoy the beautiful scenery at the top, we also visited some historic sites with military history - as you may know, the British army used to station there during wartime. At night, we had a delicious seafood dinner at Kong Lung Seafood Restaurant. Special thanks to Team 3, especially PP Claire and PP Wilson for organizing this very enjoyable and educational trip for us!

On 20 Feb in our regular meeting, we were honored to have our Rotarian Henry Wang talking to us about Climate Change and Energy. Henry is an energy expert and he used to be the chief negotiator at Shell. It is a time of environmental crisis but also a time of immense technological advances. We were also thrilled to have Agi and Soko.

Another important event that took place was the commendation ceremony of the Star Reaching Project “摘星計畫 2022-2023 活歷。體多啲” on 25 February. The Star Reaching Project is one of Hong Kong Children & Youth Services' longest-running initiatives sponsored by RCTP which aims to help the “at-risk youth” in the Tai Po community. Earlier on, we shared our views with HKCYS that we should focus on enabling these young people to become the ones who are capable to help other people, instead of being the target group requiring assistance, may help these youngsters further. This year, I am very glad that we are finding different yet effective ways to empower our service targets. In fact, the HKCYS encouraged these young people to take coach training in different sports based on their interests such as dodgeball and field hockey. During the ceremony, we could tell that the so-called “at-risk youth” glowed with confidence and competence that is no way to be found if they “stay” being the ones who are “helped”. They understood that they can help others and they are able to gain satisfaction and confidence from the sports that they took part in. We should also give a round of applause to their mentors, one of which is a dodgeball coach from the Hong Kong team. Interesting fact, the protagonist in the movie *Life Must Go On* (深宵閃避球) was based on him.



Last but not least, I would like to thank PP Vikky for inviting me to the annual dinner meeting of her initiative 畫美麗香港. This project embellished many places in Hong Kong with wall paintings about Hong Kong or Chinese cultures, such as the lion dance. As RCTP also sponsored one of the previous wall paintings under this project, it is an honor to receive the Appreciation Certificate on behalf of RCTP.

It has been another eventful month, and I am grateful for all the opportunities we have had to come together to make a positive impact on our community.

Cheers!

**Danny**



## EDITOR SAYS



CLAIRE MAK

Starting 2023, our club has had some regular meetings held at Regal Kowloon Hotel instead of KCC where Salina encountered little hiccups with the booking of venue. I was already beginning to miss the nice food at KCC and am truly glad that we have recently returned to our familiar grounds at Fincher Room, KCC.

“Food” provides our body with the necessary fuel for everything we do. Yet at times we have had it complicated by attaching to it many different meanings, labels, emotions and what not. If “we are what we eat”; then we are not just ingesting food for the energy; but also taking in also all those meanings to which we have ascribed.



Some people turn to food for comfort, stress relief, or to reward themselves. You might reach for a bar of chocolate when you're feeling down, order a pizza when you're bored, or make a plate of french-fries after a stressful day at work. Some others simply enjoy cooking the food rather; and you might have tried the nice cookies by Alice Chung or the moist and tasty carrot cake by Chloe; or even treated to a home-cooked feast by Natalie.



Indeed, food is a big part of what brings people together, well at least among Chinese to whom eating is considered the first priority of ordinary citizen. Chinese have the habit of sharing meals to foster friendship and family cohesion whereas people in the West may prefer to simply have a beer or a coffee instead.

I have not really done a survey or checked past records of our club; but from experience, a service activity, be it for visiting the Aged, joining SEN students on their projects, Fight Crime ceremonies... if the activity is not preceded or followed by a meal, there is always a feeling of amiss and well, I think it affects participation headcount.



That is also why our Club fellowship inevitably involves eating. A good meal during or after an activity will entice participation and enhance members' bonding. It makes us feel good. Thanks to the strong push from Fellowship Chair PP Armstrong, see what we have had so far since the start of this Rotary year: *Sake Night* with Japanese food in July, *Bonsoir Thank You DINNER* at Yacht Club in August; *Sichuan Food at Hot Hot Succession Dinner* right after District Installation; *Serve & Celebrate* September Birthday Lunch at Dignity Kitchen when we also helped with lunch box packing and distribution; *Sally's Clinic Opening* in October was followed by Spanish Dinner at El Cid; *End Polio Walk* in October ended up in Spanish Restaurant in Cyberport.



We celebrated *CP Donald's birthday* with Mediterranean-style dinner at KCC Grill Room. Christmas celebration was another meal in TST east even though the focus was more on the Cowboy/Cowgirl outfit; and *Chinese New Year* of course could not do without a gathering over food and that was *Sichuan Dinner* at Deng G. Lastly, for the time being, on 18 February we had another great meal. The hike at Devil's Peak was followed by ... Seafood Dinner at Lei Yu Mun!



For the last fellowship, I think we have not had so much fun for a long time.

Great food is indispensable in any enjoyable fellowship ... well, maybe accentuated by some good booze... Let's continue to meet and EAT!





## Rotary Project Fairs

From RI Website

## ROTARY INFORMATION



PETER LAM

I believe most clubs in our district get involved with International Service Projects through our connection with sister clubs; but in fact, clubs and Rotarians can explore opportunities to participate in international service projects at Rotary Project Fairs. Some districts around the world held Project Fairs that connect clubs seeking international service projects with those that are interested in collaborating with global partners. Project fairs typically last two to three days and may include visits to service projects or opportunities to experience the local culture. Any club representative or Rotary member who is interested in supporting an international service project can attend a project fair.

Let us take a brief look at some recent and upcoming Project Fairs around the world:

### District 3232 Project Fair

February 10-12, 2023 India

Special Focus on Environment & Sustainability Building sustainable projects that have measurable and lasting outcomes



### West Africa Projects Fair

3-5 November, 2022 Virtual



Annual event which offers Rotary clubs from 6 Rotary districts in Western Africa the opportunity to present humanitarian projects for partnerships by Rotarians around the world. Participating countries includes: Ghana (Host), Nigeria, Liberia, Benin Republic, Guinea, Burkina Faso, Gambia, Sierra Leone, Ivory Coast, Mali, Cape Verde, Guinea Bissau, Niger, Togo, and Senegal.



### District 4440 Rotary Global Grant Projects Fair

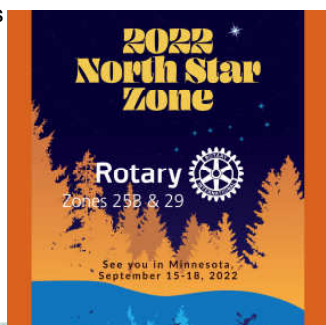
January 28-30, 2023 Ecuador



### RI Zone Institutes Zones 25B & 29 World Project Fair

Sep. 15-18, 2022 Minnesota, USA

Clubs showcase their local or international projects. Partnership with Clubs to leverage Rotary Foundation fund to maximize finance possibilities for projects



### District 4195 Project Fair (Merida, Yucatan, Mexico)

November 2023 Mexico



### Peru (Inka) Project Fair

March 2023, Virtual event hosted by District 4455

### ROTARY'S 7 AREAS OF FOCUS:





## FLASHBACK

A look back of our club's past activities by topic

SERVICE DURING  
COVID TIMES

2022



In Jan. 2022, our 2021-22 President Wilson Woo & PE Danny Lau participated in Rotary Covid Pandemic Campaign 扶輪關顧長者齊抗疫 organized by District 3450 to help distribute gift bags to elderly to thank and encourage them to get vaccinated at the mobile vaccination centres in various districts

2022



On April 2022 at the height of the pandemic, RCTP fully supported our Tai Po District Offices scheme to help distribute anti-epidemic service bags to the "Three-Nil" households 三無大廈 in Tai Po. Rotarians and family members gathered at Tai Po Community Centre Hall, put on the white PPE protective gear (Personal Protective Equipment), went door to door to some 53 old buildings and distributed the bags to a total of 849 households!

2020



2020-21 President Sally and Danny delivered anti-pandemic materials (52 boxes of antiseptic) to three secondary schools in Tai Po on 18 Nov. 2020. We also donated 300 pcs. droplet shields (made by PP William's son Alaric) to one of the schools.



At the beginning of the Covid pandemic, mask supply was scarce! On 5 March, 2020, our club launched our first mask & sanitizer donation to kindergartens in Tai Po through the New Territories School Heads Association. I doubt at that time any of us would imagine that this pandemic would have lasted so long...



## Job, On Your Mark!

17 February 2023

Wilson Woo



On 17 Feb, a meaningful event took place in Tai Po. As you can see from the poster, “Job, on Your Mark!” was a career expo organized for the secondary school students in Tai Po District. The first day of event covers several sessions, including the opening ceremony, certificate presentation to participants, keynote speech from prestigious speaker and discussion forums for the students, etc.

This career expo was hosted by the Home Affairs Department (Tai Po District) and Tai Po Youth Network with the support of Hong Kong Children & Youth Service. Our club was one of the co-organizing parties. You may wish to know that CDS Natalie was the Chairlady of the organizing committee of this event. In this regard, our members had showed full support to this event not only by attending the ceremony, but also being the sharing guests at the career forum.

In the presence of Mr. Clarence LEUNG - Under Secretary for Home and Youth Affairs Bureau, Ms. Eunice CHAN, JP - District Officer (Tai Po), CDS Natalie - Chairlady of Organizing Committee, P Danny and other honorable guests, the event officially kicked off representing the unflinching and unconditional supports to our next generation, our future leaders.



The chairlady of the organizing committee, CDS Natalie delivered an opening remark to all the attendees to encourage the new generation to be adaptive. Ms. Eunice CHAN, JP - District Officer (Tai Po) also took this opportunity to express her heartfelt gratitude to RC Tai Po for being caring and supportive to the community in Tai Po District throughout the years.

Special thanks must be given to the attending members and career sharing guests. They were PDG Anthony, P Danny, PP Peter, PE/PP William, PP KF, Julies, and Satellite Club members Ernest and Sharon. P Simone of RC Central and our former member PP Roger had also joined us and given their insights about their profession to the students.



During the sharing session, representatives from different industries and professions had been invited. For example, PDG Anthony and P Simone had shared about their view, entry requirement and career development of being a solicitor. PE/PP William talked about the characteristic and challenge of being an entrepreneur. Throughout the discussion, the guest speakers had ample opportunities to share their views on the value, attitude, ability and knowledge required for different vocations. I believe, all attending students must have acquired tons of useful information and advice for better career planning for the future.





# 上山下海

18 February 2023

Claire Mak

Team 3 (Wilson Woo leading Anthony, Sincere, Claire and Armstrong) came up with the Theme “上山下海” when we planned for a fellowship which involves most if not all RCTP members and family and more than just eating. “上山下海” means something like “**going through thick and thin together**” and that was exactly what happened in the Saturday afternoon on 18 February.

## 上山 is to hike Devil's Peak

The 22 of us gathered at Exit A of Yau Tong MTR station before walking together towards Lei Yue Mun Housing Estate and up the slope towards Tseung Kwan O Chinese Permanent Cemetery. When we reached the entrance to **Wilson Trail**, the hike up Devil's Peak formally began.

It was a fine day when neither the sun was glaring nor the humidity high. The weather is most agreeable for the hike. Admittedly, the route was not as easy as most family trails but not exactly difficult either. Upon reaching the **Gough Battery** which is the Devil's Peak Fortification mid-hill, members were able to explore the ruins there including the remains of two emplacements which PDG Anthony said used to be equipped with cannons during the early part of the 20<sup>th</sup> century.





We then proceeded from Gough Battery to the **Devil's Peak Redoubt**. The climb is rather steep, but members will agree with me that the effort is all worth it as the Devil's Peak summit offers **gorgeous views of Victoria Harbour and the Hong Kong skyline**. Oh, the newly opened Tseung Nam Passageway is in full sight. We also stepped into the trenches of the Redoubt that run along the walls and took quite a bit of nice photos.







## 下海 is Seafood Dinner at Lei Yue Mun

We returned from the hills to civil society in the Lei Yue Mun vicinity. Those hikers who felt tired entered Kong Lung Seafood Restaurant early and showed some non-hikers who joined us for the dinner the hard-won hiking photos. Those of us who still had the energy went strolling around Lei Yue Mun seafood stalls and snack shops and also got some nice sunset photos at the seaside promenade.



For Dinner, the 36 of us split into 3 tables. Hikers apparently had had their fair share of exercise and so heartily savoured fresh seafood nicely cooked. But more importantly, everyone was cheerful and cheery. There were non-stop banter, endless taking of photos and of course, continuous drinking. By the way, it was at the dinner that KF and Trix let us know that they had elevated to be grandparents! Cheers!







Team 3 has fulfilled the fellowship duty for February. Hopefully, members and families who participated had benefitted from the refreshing exercise and felt the unity and bonding within the club.







# 13<sup>th</sup> Hong Kong Bowling Tournament for all cum 12<sup>th</sup> Hong Kong Blind Bowling Tournament

19 February 2023

Alaric Yim, son of PP William Yim



**13th Hong Kong Bowling Tournament for all cum  
12th Hong Kong Blind Bowling Tournament**

To raise the self-confidence of people with visual impairment through equal participation in sports tournament and to arouse public awareness on their abilities.

Date	19th February 2023 (Sunday)
Time	10:00am-2:00pm
Venue	South China Athletic Association Bowling Centre 88 Caroline Hill Road, Causeway Bay, Hong Kong
Registration Fees	HK\$2600 per team (4 Bowlers) Please click: <a href="https://forms.gle/x43KFLzc4Sc6FwzF9">https://forms.gle/x43KFLzc4Sc6FwzF9</a> for enrollment
Participation	Enterprises/schools are welcome to form teams, a team of 4 people, one visually impaired bowler provided by HKBSF
Deadline for Enrollment	1st February 2023
For enquiries	2789 3383 (HKBSF: Mr. Peter Yeung) // 9168 3876 (Rotary: PP Frank Chan)
Website	<a href="http://www.hkbsf.org.hk">www.hkbsf.org.hk</a>
Email	<a href="mailto:petaryeung@hkbsf.org.hk">petaryeung@hkbsf.org.hk</a>

The 13<sup>th</sup> Hong Kong Bowling Tournament for all cum 12<sup>th</sup> Hong Kong Blind Bowling Tournament held on the 19th of February 2023, was a day full of excitement, sportsmanship, and inclusivity. The event ended at 1400, and everyone went home feeling inspired and energized.

At the beginning of the tournament, all participants received an event t-shirt, which everyone wore proudly throughout the day. The t-shirts were a great way to create a sense of unity and belonging among the participants and make the event even more memorable.

Many pictures were taken throughout the tournament, capturing the spirit of sportsmanship and inclusivity that the event aimed to promote. The pictures were a testimony to the fact that everyone, regardless of their abilities, can participate in sports and have a great time.



Two members of The Rotary Club of Ulaanbaatar, Altangerel Bat-Erdene, and Solongo Zalaa-Uul, also participated in the event. Their participation was a testament to the international appeal of the tournament and the event's mission to promote inclusivity and diversity.







The Rotary Club of Tai Po was honored to be part of the event and was grateful for the opportunity to support such a worthy cause. The event showcased the power of sports to bring people together, and we were inspired by the incredible determination and resilience of the visually impaired players.

In conclusion, the 13<sup>th</sup> Hong Kong Bowling Tournament for all cum 12<sup>th</sup> Hong Kong Blind Bowling Tournament was a day full of excitement, sportsmanship, and inclusivity. The event ended at 1400, and everyone went home feeling inspired and energized. The event t-shirts, pictures, and the participation of The Rotary Club of Ulaanbaatar members were a testimony to the success of the event and its mission to promote inclusivity and diversity. The Rotary Club of Tai Po was honored to be part of such an incredible event and is already looking forward to the next one.







## Star Reaching Closing Ceremony

25 February 2023

Claire Mak



*"You either catch the ball with your hands or bounce it with the ball you are holding. You are out if you are tacked by the ball."*

*"What's the aim of the game? The teams are meant to attack by throwing the balls at each other? Wouldn't that be very chaotic?"*

*"After the standard time, the team with most players surviving wins. Try a few throws and get the feel."*

That was the ice-breaking conversation I had with 小吉, one of the Star Reaching participants. She was showing us the relatively new game of **Dodge Ball** which she has learnt at this year's Star Reaching course. Similarly, we were shown and invited to try out "**Snow Ball**", a game of beanbag attack/defence game; as well as **Soft Hockey**. Demonstration of these games together with displays of photos taken of the service are the prelude to the **Star Reaching Closing Ceremony** held on the Saturday afternoon of 25 February at the Tai Po Arts Centre. From RC Tai Po, Pres. Danny, PP Peter, PP Tsubaki, PP William and Son Argus, PP K F, IPP Wilson and I had had a fun time.





The Star Reaching theme this year “活歷體多啲” focuses on getting the young participants to try out new and interesting sports activities in order to achieve a number of aims: Get them to exercise especially under the COVID prevention regime, instil self-esteem in the young people as they learn new games which others may be unfamiliar; and increase in them a sense of comradeship through team games. The Tai Po Hong Kong Children & Youth Services reported encouraging attendance number and very satisfactory performance of the participants. As evidenced by the youths' performance on the day, including one acting as MC, some giving heart-felt sharing; some accompanied guests to the stage in good spirit and passed on the torches; and others helping generally with the event, we are glad to report that the Star Reaching Project has achieved another fruitful year.







# M Regular Meeting

## 20 February 2023

IPP Soko and VP Agi of Rotary Club of Ulaanbaatar joined our meeting which actually falls on the Mongolian Lunar New Year day. They gave a brief introduction of their club and plans for the coming term.



The Topic of Speech or the presence of visiting Mongolian Rotarians seems to have attracted quite a number of **Visiting Rotarians** in the District, inclusive of IPDG Keith Chow, PDG Jones Wong, DGN Nigel Lo, DDS Francis Chan ...



Speaker of the evening is our own **Rtn. Henry Wang** who spoke on “**Climate Change**”. Other than referring to charts and statistics about the current global climate concerns, Henry told us what the government plans to do and what resolutions were set in motion.



As the topic is close of the hearts of many of us, **questions** were eagerly raised by **PPs Charles, Louis, Wilson** and also



Alaric's delectable girlfriend **Flora**. It is interesting to note that Flora has in depth study of the topic for her thesis.

**Dr. CM Yu** delivered a **Vote of Thanks**, thanking Henry for raising our awareness of the dire climate situation.



February **birthday boy William** was flanked by close family members as he cut the birthday cake.



Lucky **Flora** won the raffle gift of a **Kneading Massager** given out by **PDG Kenneth**.





## 6 March 2023



This meeting is just 2 days preceding the International Women's Day. PP K F (right) invited Judy Tam, President of the Hong Kong Association of Business and Professional Women to speak on a very apt topic. She brought along a friend Abby (left) who is her successor at HKBFW.



PP K F Tam gave an introduction of our speaker Judy but tends to cut down a bit in view of her very long credentials.

Seasoned speaker **Judy Tam** spoke to us on the topic "**Empowering Women Benefits Everyone**". She cited figures to support past and current trend of men/women gender inequality, traditional ideologies, career and labour market, equal pay differences etc. She raised food for thoughts and suggested how women and girls can be empowered through the advocacy of diversity and inclusion.



**Questions** were mostly raised by male audience, with the exception of **Rtnn. Bebe. Armstrong** cited female factory workers' babbles whereas Louis posed questions from personal experience at home. Guest **Leo** queried about general perception like machismo vs gentlemanly behaviour.



**William** started by saying he perceives himself male egoistic and seems not an appropriate person to deliver a **Vote of Thanks**. That said, he commended Judy for raising our awareness of gender inequality and concluded that hopefully, there will be a day when no more of similar talk is necessary because there is full equality.



Claire's 2 invited guests were the lucky winners of **raffle prizes** given out by **IPP Wilson**: **Leo Lam** won the bottle of **Sake** and **Mac Chan**, the bottle of **Plum Wine**.

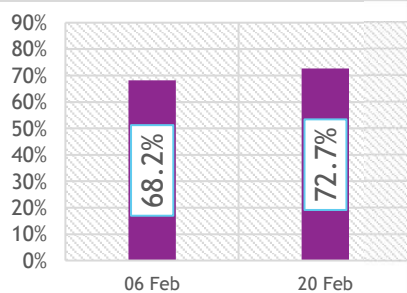
Club **Foundation** Chair **Louis** announced that with the latest addition of Paul Harris Contribution from **Jules** and **Henry**, our club continues as Paul Harris Fellow club and also Every Rotarian Every Year club.







## FEBRUARY 2023



Average attendance: 70.5%

Perfect  
Attendance

## FEB 2023


Anthony Hung	Claire Mak
Jules Jiu	Armstrong Shea
Natalie Kwok	KF Tam
Peter Lam	Louis Tang
Wilson Lam	Kenneth Wong
Danny Lau	Wilson Woo
Dennis Lo	William Yim
Sally Luk	CM Yu



## UPCOMING EVENTS

Date	Time	Event	Venue
20 MAR (MON)	19:00	Regular Meeting (Satellite Night) Speaker: Mr. Alan He Topic: Fencing Life	Fincher Room, KCC, 10 Cox's Road, Jordan
25 MAR (SAT)	10:00 - 16:00	Rotary "Imagine the Future" Vocational Development Day	Cyber Arena, Cyberport
1 APR (SAT)	16:00	30 <sup>th</sup> Charter Anniversary of Sister Club, Rotary Club of Makati San Lorenzo	Tuloy sa Don Bosco Streetchildren Village Alabang-Zapote Road cor. San Jose Village, Cupang, Muntinlupa City, Philippines
<del>3 APR (MON)</del>	<del>19:00</del>	<del>Regular Meeting</del> CANCELLED	
17 APR (MON)	19:00	Area 6 Joint District Governor's Visit	To be confirmed



**Rotary** 

Club of Makati San Lorenzo

# Charter Anniversary

30 years. 360 months. 10,958 days. 262,968 hours.

Saturday, 01 April 2023 | 4:00 p.m.  
Tuloy sa Don Bosco Streetchildren Village  
Alabang-Zapote road cor. San Jose Village,  
Cupang, Muntinlupa City  
Attire: White Top and Bedazzled Denim Jeans

miss  
youGABRIEL KWAN  
VIKKY TAM

## MARCH

19<sup>th</sup> Masayuki Tsubaki  
27<sup>th</sup> Leung Wo Ping

Got something  
to say?Tai Post wants to hear from you.  
Write in to [clairerctp@gmail.com](mailto:clairerctp@gmail.com)Tai Post reserves the right to edit articles  
for length and clarity.The editorial board  
Claire Mak  
Peter Lam[rctaipo@gmail.com](mailto:rctaipo@gmail.com)

GPO Box 7142, Central, Hong Kong

Meeting at 7PM every other Monday  
@ Kowloon Cricket ClubRotary Club of Tai Po  
URL: [www.rctaipo.org](http://www.rctaipo.org)

f #rctaipo