

PRESIDENT'S MESSAGE

TAI 報 POST



SALLY LUK

Dear Fellow Rotarians:

April 2021 is a special month for us. Firstly, we could start off the month with 5 consecutive days of Easter Holiday (including Ching Ming Festival) and we had our first virtual District Peace Camp for Interactors. This was followed by "resurrection (復活)" of our club physical activities including Tree Planting Day, fellowship lunch at Sai Kung and regular physical meeting. Welcome back finally!!!



The Tree Planting Day on 11 April 2021 was co-organized with Rotaract Club of Tai Po. It has been long since we last had joint service project/activity with our Rotaractors. Together with family members, we had near full house registration of 28 people. The weather was perfect for outing activity: good sunshine yet not too hot. The planting zone was at outskirts in Sai Kung West- Wan Tsai West Campsite (灣仔西營地) and so we have had a short speedboat and hiking journey before we arrived at the destination. The planting experience was exciting as we could actually dig holes on the mountain slope, put in the saplings and cover up with soil and surrounding



dry grass to keep moisture for the saplings. Total 90 saplings were planted which included species like 鴨腳木、石斑木、凹葉紅 etc. Those trees are generally quite adaptive with the weather in Hong Kong and could become habitants for local animals. According to the environmental guide, however, the successful grow-up rate to tree was only ~30-40% and we could know the results by revisiting the site 2 years later. Shall we plan a revisit with Rotaractors in April 2023?

As you know, the environment is now officially an area of focus in Rotary and District 3450 encourages all the clubs to become Green Club. Under the leadership of our PPE Director Henry, I am glad to announce that RC Tai Po could achieve Expert Level Green Club for the year 2020-2021. There are many more opportunities to support our environment in terms of carbon reduction, water conservation, no plastics campaign, sustainable seafoods and farming, use of clean energy and so on. Last but not least, green promotion and education to our youngsters would be the way to put the whole concept and ritual forward to our next generation. Don't forget that we celebrate Earth Day on 22 April.

Stay Green and Happy all days!

With loves,
Sally





EDITOR SAYS

CLAIRE MAK



IT is recently announced that our District “achieved the 2019-20 District Citation Certificate and become one of the 93 districts worldwide to receive this award, which honours Rotary districts in which at least half of the Rotary clubs earned the Rotary Citation.” Ah, yes, we have come to a time when clubs should be preparing to round up the year’s scores and fill out the

Presidential Citation. This brought back memories of RCTP past successes, including one year when most of our members scratched their heads when being told that RCTP became Club of the Year and the then president, President of the Year. How did he do that? We all thought the club failed to achieve one mandatory criteria of the citation. Anyway, that was history now and the mystery remains unsolved.

Human beings have learnt a special art not found in the animal kingdom—The Art of telling Lies! Well, may be leaving camouflage aside. To tell a lie is one of the greatest conquests of the human consciousness. It involves two things: the speaker knows that what he says is not true; and he wants the listener to believe it to be true.



Most kids have been warned not to lie because lying will cost a molar “講大話甩大牙”; or, the liar will get Pinocchio’s nose! Even as a kid, I never believed in such urban legend and such sayings are lies themselves! Wiser adults had said, “Kids shall not lie.” and I interpreted that to mean: lying was an “adults only” privilege. I also hesitate to tell kids not to lie unless absolutely

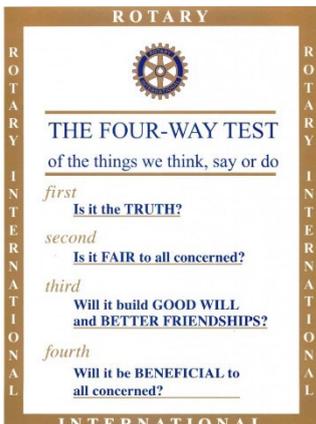
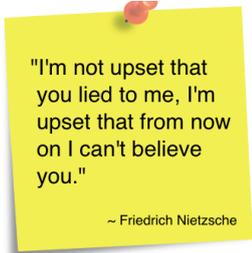
necessary; instead I would rather tell them: that every lie entails its consequences; and some such consequences would be life-long. Yes, even a lie so minor that people won’t even bother to debunk, it will stay forever in your heart and every time you think of it, you will still feel the pinch.

One needs to be smart to tell a good lie. If only you yourself believe in the lie, then you are just cheating yourself and nobody else. The unfortunate fact is, day in and day out, we see people telling stupid lies which no one will believe. How do you tell that someone is lying or others do not believe it when a lie is told?



Well, body language tells a lot. The liars look to the left or to the right of their feet. Facial expressions are forced and asymmetrical. You just instinctively know.

Some lies are not venomous or damaging. “Jocose Lies” are told in good humor and wit and are enjoyed by the listeners. Sometimes, one would choose to believe in a blatant lie; especially when it is inconsequential. Such “White Lies” offer some benefits to both the liar and the listener. They are harmless lies, told to avoid harmful and devastating truths. For instance, to tell an obese lady that she is slim. Or to tell an unlucky someone that good luck is fast approaching. Or to an ailing person that s/he is recovering. These tend to give comfort and can be used harmlessly.



One serious problem with telling a lie is that it may entail the subsequent telling of lies upon lies in order to cover the original one. It may snowball to an incontrollable state so that when the lie(s) eventually got found out, the damage would regrettably be multiple times the original lie. It pays to tell a lie, sometimes disproportionately heavy. Thus, no matter



Honesty is the best policy. If I lose mine honor, I lose myself.
~ William Shakespeare

what and no matter when, honesty is still the best policy. Well, it is the first limb of the Rotary Four-Way Test!

As one big celebration of the centenary of the birth of Rotary since 1905, the RI Convention was held in Chicago in June 2005. Our district sent a big a delegation to join and our club was well represented by our 2004-05 President Louis Tang, PP Kenneth Wong, PP Wilson Lam, PP Jacky Sung & PP Peter Lam. Too bad our club members who went to Chicago at that time were either too busy attending "some" of the conference activities or with our favorite pastime – golf, so we did not spare the time to visit our Rotary Headquarters. Let us look at the information below and maybe next time when any of us visits Chicago, we can consider go check it out and share our experience!

ROTARY INFORMATION



PETER LAM

Visit Rotary International World Headquarters Info from RI Website

One Rotary Center, located in Evanston, Illinois, USA, is the world headquarters of Rotary International. This headquarters building in Sherman Avenue was in fact purchased by RI in 1987 after 8 different locations since 1910. Tours of the headquarters are open to Rotary members and the public. You can also book conference space for your next meeting or group event. So clubs or Rotarians can plan their visit to learn about Rotary global activities, explore interactive exhibits, and be inspired to take action.

Book a tour

Free guided tours of One Rotary Center are available to groups of up to 10 people, Monday through Friday, 09:30 to 11:30 or 13:30 to 16:00, subject to availability. There is a Tour Form (available online) to reserve a time in advance.

During the 30-minute tour, you will:

- Explore [Room 711](#), a reproduction of the site of the first Rotary club meeting
- Visit the Arch Klumph Society gallery, featuring information about The Rotary Foundation and an interactive display that honors major contributors
- See the elegant Rotary International Boardroom on the 18th floor with views of the downtown Chicago skyline
- See the offices of Rotary's senior leaders
- Enjoy sweeping views of beautiful Lake Michigan
- Visit the One Rotary Center gift shop to purchase a souvenir of your visit

The One Rotary Centre is also the meeting venue for two Rotary clubs, namely The [Rotary Club of Evanston](#) (meets Thursdays at 12:00) and The [Rotary Club of Evanston Lighthouse](#) (meets Tuesdays at 07:15) so how about doing a make up there!? In fact, approximately 30 miles (48 km) from One Rotary Center, there is another Rotary attraction, which is the former home of Rotary founder Paul Harris. The Paul and Jean Harris Home Foundation owns the house in southern Chicago and Rotarians can contact to arrange visit.

Due to the Covid-19 pandemic, chances of us travelling soon to US is perhaps slim and the RI Headquarters tour has in fact been put on hold too. However, we can now take a virtual tour from RI Website or Facebook: <https://my.rotary.org/en/visit-rotary-international-world-headquarters>. Try it out.



Rotary countries flag display



Room 711
(recreation of Rotary 1st meeting place)



RI President Office





FLASHBACK

A look back of our club's past activities by topic



PETER LAM

Tree Planting Day



After many years break, the Tree Planting Day was organized again by our Rotary district in 2018 but clubs from different Areas participated on different days on a much smaller scale event. At this March 2018 event in Tai Po, our clubs supported in great numbers with Rotarians & family members. Many Interactors from our two clubs and WYS Rotaractors also attended.



Our ladies at the April 2002 Tree Planting event.



During our visit to sister club RC Makati San Lorenzo in Aug. 2017, we participated in their "A Green Metro" Tree Planting Project which was attended by their DG and Pasay City Mayor.



During the 2nd District Tree Planting activity in Rotary year 1993-94, our club participated with lots of our young kids 2nd generation. Our club was one of the organizing clubs.



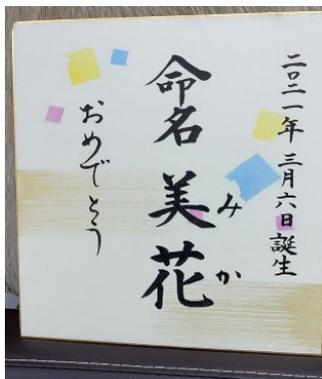
At the large scale District Tree Planting day in Rotary year 1997-98 some of our newly formed Rotaract club members also joined in. It involved a long walk to the site and the event was coordinated by the Agriculture, Fisheries & Conservation Department.





Connie and Tsubaki Became Grandparents

Masayuki Tsubaki



Happy April my fellow RC-Tai Po members! Connie and I are delighted to announce that we have become grandparents as of March 6. Our daughter Michiko has given birth to the newest member of the Tsubaki clan - Mika (in Japanese) and Kloe (in English)!



The process of Mika's birth was not as ideal as we would have hoped due to the restrictions imposed from the ongoing pandemic. After waiting for a whole day, we finally received the good news from our son-in-law Jorge at night through a text message with a picture of our new granddaughter. She is a very lovely girl.

Once again, due to pandemic restrictions, Connie and I were not able to meet the baby in person until my daughter was allowed to checkout from the hospital. By the time we made our visit to their apartment, I am surprised to see my brave daughter walking around. However, more importantly, baby Mika is already well taken care of with love from her parents.

To be honest, as of this moment, Connie and I cannot believe that we have entered the age to be grandparents. It is quite a strange feeling. Although the baby's name is Kloe Mika Medina Tsubaki, to me she will always be my little Mika.

Better yet, this time around, unlike the days when we used to raise our children, as grandparents, Connie and I can visit our grandchildren whenever we have the time to, it is much easier than it used to be (Connie does not think so)!



Right now, as we look forward to the day when Mika will call us grandpa and grandma, I cannot wait to watch the beautiful little girl grow up. I guess rather than seeing ourselves as grandparents growing older, we are looking forward to re-live our younger selves again through our lovely little granddaughter Mika!

“Rotary HK Ultramarathon 2021 (Virtual Run) - We Serve, We Run 超我服務 由我起動”

21 March 2021
Wilson Woo

Rotary never stops supporting the community's epidemic prevention efforts. In this regard, we continue to connect the World, promote physical and mental health, as well as inspire the people around us to get involved in community service. Rotary HK Ultramarathon (RHKUM) is one of the meaningful events connecting us together to serve and to run. As far as I know, it also echoes one of the District Focuses – Health.



The seventh Rotary HK Ultramarathon was held on Sunday 21 March 2021. Due to the pandemic, many races in Hong Kong adopted the Virtual Run. We had the Virtual Run this year as well. Do you know what Virtual Run is? Simply put, a Virtual Run is a race you can run at any location, at your pace, outdoors or on a treadmill, alone or with a group of friends. For RHKUM we are required to finish 50 km together, use GPS-enabled smart devices/apps for recording the route and distance completed, and submit the result afterwards.

As mentioned, one of the criteria for the race is to visit one or more of the Rotary Landmarks, such as the Fighting SARS Memorial Architectural Scene, Courtesy Sculpture at Park Lane Shopper's Boulevard, Preserve Planet Earth Sculpture at Shatin Central Park, The Repulse Bay Recycling Station and Tai Mo Shan Rotary Park, etc. Definitely, it is a good opportunity for all of us to learn the history of our District, let the public know how Rotary contributes to the society, and enhance the Public Image of Rotary.



After due consideration, we chose the Tai Mo Shan Rotary Park as our starting point. P Sally led a very strong team to support the event – having PDG Kenneth, PP Vikky, PP Louis, Wanda, Danny, Satellite Club Chair Gabriel and me. Apart from the team, we also had our Satellite Club members Sharon, Rotaractor P Henry & his members from RAC Tai Po, and friends of PP Louis & Vikky, joining us.



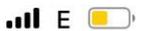
As you can see, it was a very foggy day that morning. We all still enjoy the hiking so much!

Hiking, it's a piece of cake for Danny!



Special thanks should be given to PDG Anthony, Mary, PP Peter and PP William and Bebe. Although they didn't meet us at the top of the mountain at Tai Mo Shan, they took another way to support us. After the run, we all had lunch together at a restaurant in Science Park! Of course, 4 persons per table, with adequate social distance and precaution measures. RHKUM is definitely a good idea for all of us to enjoy exercise and fellowship.

10:25



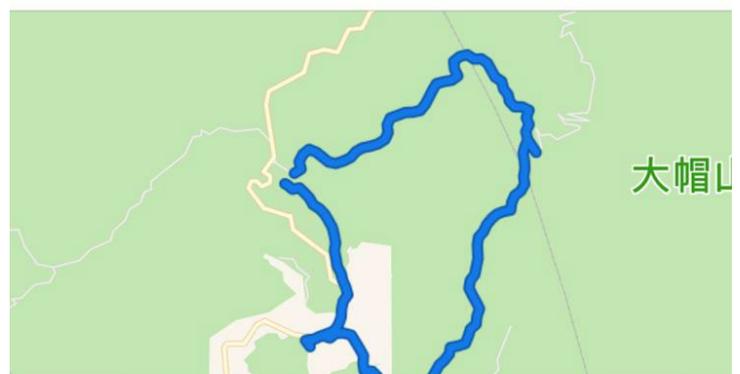
We run in full throttle! Our team completed more than about 60 km in 2.5 hours.

If you want to know more about the event and revisit the highlights, you can visit the official webpage appended hereunder.

<https://marathon.rotary3450.org/>

繼續

儲存活動



距離 8.52 公里 | 配速 16:54 /公里 | 時間 2h 24m

自訂步行活動



“Build Tai Po” Project Fun Day

築喜大埔 - 幸福 • 共聚 - 愛和平 • [家]油 Fun Day

14 March 2021
K F Tam

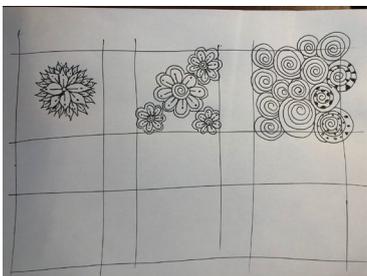
On 14 March 2021, a delegation from RCTP comprising PE Wilson and VP Danny led by President Sally joined the captioned event. This event was organized in hybrid mode so many of RCTP members including PDG Anthony, PP Peter, PP Ron, PP Louis, PP Claire, PP Natalie, IPP KF and Rtn. Henry could also join in on-line to share the happiness. This event was the second co-operation with the Tai Po North Youth Integrated Centre of Neighborhood Advice-Action Council “NAAC” following the first event last year jointly organized with RC of HK City North. The objective of the project is to build-up happiness of the families in Tai Po through sharing, gathering, and drawing activities....



Other than the usual welcoming speeches and introduction of the officiating guests, there were some ice-breaking exercises, video sharing and games. The attendees from RCTP and NAAC were able to have better understanding of the participating families through the group activities.



The participating parties were each given a ‘Lucky bag’ comprising food and some useful items. The last highlight was doing Zentangle (禪繞畫) led by an instructor invited by NAAC. Zentangle is an artwork to create beautiful images. One would enjoy increased focus, creativity and self-confidence. All families tried practising the Zentangle including the members from RCTP both in person and on-line. We all enjoyed the activity as it makes us relax and creates peace of mind. It was an enjoyable event and we look forward to having more such kind of interactive events with the Tai Po Families.



Rotary Show Good Sing for Fund On-line Concert

27 March 2021
Claire Mak

On 27 March 2021 selected singers of the Clubs in District 3450 joined hands to produce an online concert to raise funds for the Food Bank at St. James Settlement. At the same time it is hoped that a bit of positive energy will be instilled to the people of Hong Kong, and give warmth to those who are in trouble to tide over the difficulties. Rotary Club of Tai Po has given generous sponsoring sums.



Organised by Rotary District 3450, Co-organised by Rotary Club of King's Park HK, Rotary Club of Kai Tak.

Partnership & Program Production: SHOW GOOD.

Rotary SHOW GOOD Sing for Fun Online Concert

SHOW CARE BY GIVING A SHARE

27 Mar 2021 (Saturday) 19:00 - 22:30

Donation Methods: Fast Payment System (FPS), PayMe (RIC3450)

Special Guest: Patrick Dunn

Music jam of District 3450 Rotarian singers X Show Good Band + Talents

Live! (tot)

https://www.facebook.com/showgoodhk

Sponsor: WATT Connex, TWO GIRLS, GEN LIFE.



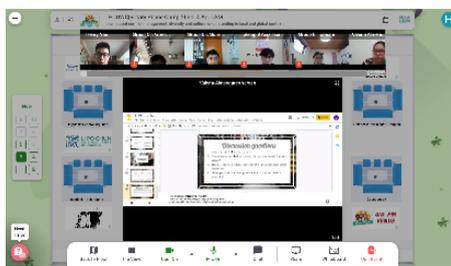
Singer	Performance Sequence	Song name
Introduction of Event		
P Godfrey Lo 盧國輝	1	
P Godfrey Lo 盧國輝	2	Hotel California (6'30")
PP Wendy Lee 李美慈	3	Endless Love (4'29")
Hay 曾鴻禧	4	那裏只有我共你 (4'45")
Stephanie Lam 林梓穎	5	Fix You (4'53")
Stephanie Lam 林梓穎	6	Hesitate (3'41")
Play Video (3'46")	7	---
P Bonnie Wong 黃葆琦	8	I Dreamed a Dream (3'43")
CP George Wong 王人綸	9	Can you feel the Love tonight (4'06")
CP George Wong 王人綸	10	有心人 (4'29")
Rio 李承洛	11	刻在我心底的名字 (5'14")
Play Video (4'00")	12	---
Rotary Singing Team	13	明天會更好/We are the World (5'48")
PP Anna Lam 林潔瑩	14	三人行 (4'50")
P Terence Leung 梁兆昌		
P Terence Leung 梁兆昌	15	沉默是金 (4'02")
PP Peter Lo 羅偉鴻	16	Nothing Gonna Change my Love for you (4'07")
AG Derrick 黃樹源		
PE Ivan 蔡文俊	17	強 (3'49")
Helen Li 李凱倫	18	高山低谷 (4'07")
IPDG Wilson Cheng 鄭鶴明	19	風雨同路 (3'58")
CP Kenneth Li 李錦文	20	Words (3'00")
PDG HW Fung 馮興宏	21	Bridge over troubled water (4'40")
CP Roy Tang 鄧顯懷	22	傾心 (3'46")
PP Gabriel Lee (Guitar)		
IPP Simon Wong (Piano)	23	---
Play Video (5'00")		
CP Amy Yeung 楊家慧	24	你最珍貴 (4'47")
PE Johnson Leung	25	不能說的秘密 (5'00")
Carson Wong	26	流浪花 (5'03")
Gary Lau 劉浩然	27	Memories (3'15")
DG Eric Chak 霍慶聰	28	不再猶豫 (3'59")
DG Eric Chak 霍慶聰	29	閃閃星辰 (3'16")
P Godfrey Lo 盧國輝	30	Ferry cross the Mersey (2'42")
Mr. Patrick Dunn 鄧梓峰	31	I Wanna be Free (2'27")
	32	The Long and Winding Road + Hay Jude ending (7'58")

2021 Virtual Peace Camp Co-organised by Rotary District 3450 and Li Po Chun United World College

President Henry Yau, Rotaract Club of Tai Po

Over the Easter Holidays, I had the immense privilege to serve as a facilitator for the 2021 Peace Camp, an event co-organised by the Rotary District 3450 and Li Po Chun United World College (“LPCUWC”). Originally planned as a physical event for age 15- to 16-year-old local pupils from Hong Kong and around the world, the two-day English-based online event offered an intellectual programme on peace building initiatives. After hearing about it at the monthly joint presidents’ meeting in December, I volunteered to serve as a facilitator, partnered with the talented senior student from LPCUWC Valeria Almendares in supporting a group of eight pupils.

The programme consisted of three main topics: conflict management, diversity & inclusion, and cultural understanding. Throughout the day, pupils participated in interactive games, lectures, discussions, and break-out group activities. In addition, pupils were able to learn from university lecturers and community group leaders on social issues that were seldom discussed in the public forum or taught in schools. And of course, we mustn’t forget our own Rotarian, Past President Mahmood Rumjahn – a famous local songwriter and music producer – he gave us an inspiring talk about his views on relationships and mutual understanding.



From my perspective, the Camp gave young local pupils the perfect opportunity to learn through experiential activities and games. More importantly, they were able to put their communication skills into practice by articulating their arguments clearly and responding to challenges from peers and facilitators. Moreover, in one of the activities that required heavy negotiations and consensus building amongst participants, they learnt to control their emotions, be thoughtful in their peers’ arguments, and encouraged to be imaginative in finding solutions. From my observation, despite the fact that local pupils are generally quieter in group settings, they were actually rather meticulous in their thinking and willing to share when invited to. When asked about their learnings at the closing of the Camp, the majority said they learnt to pay closer attention to detail, listen to diverse views, and be respectful to people with different socio-economic background.



Overall, the whole experience was personally rewarding and challenging given that facilitating a group of teenagers can be an uphill battle. I learnt to be patient, found ways to inspire participants to think differently, and expanded their knowledge. I wish to thank Rotary District 3450 and LPCUWC in organising the event, and express my gratitude to the person-in-charge Adrian for his dedication in providing facilitators with training and guidance. I would also like to thank my co-facilitator Valeria and wish her every success in the upcoming university entrance examinations.

RCTP / RACTP Tree Planting

11 March 2021
Claire Mak

Tree Planting! Yes, we have not been doing it, as a club, for a long time. The last time was in the Philippines when we joined our RCMSL sister club members to do planting in Makati city center in Manila. This time, it is one of the rare Preserve Planet Earth items that our club implements and it is an opportune occasion when RCTP and RACTP jointly organized an event.

We had endured a long hiatus which bars group activities, so I, and I suppose most of us, had been very much looking forward to this outing. When the day came, I was overjoyed that the weather was most agreeable. Participants inclusive of 23 from RCTP and 6 from our Rotaractors actually gathered on time at the Kowloon Tong meeting point to take the coach heading Wong Shek Pier in Sai Kung. Along the way, representatives of the Environmental Association which organized the event gave us a brief overview of what would happen on the day. Of course, we chatted with each other as we had not been able to do catching up for a long time. At the stop-over in Pak Tam Chung Geopark, we stretched our legs and picked up a few more volunteers from the Environmental Association. Then we drove to Wong Shek Pier where we sailed out to Nam Fung Wan on a cruise boat.



The 15 odd minutes stroll to the tree planting plot in Wan Tsai West Campsite was a pleasant one as we enjoyed the natural scenery and breathed in a lot of fresh air. We learnt about the species of trees there and those to be grown, their life cycles and the works of the Environmental Association.

Upon reaching the site, we were given a demonstration on how to plant the saplings. After being handed each with a pair of gloves, a shovel and a couple of saplings, each of us sought a suitable and distanced plot to start digging and shoveling, planting and covering ... This time, we planted a total of 90 items of saplings including Bayberry (楊梅), Ormosia emarginata (凹葉紅豆), Flat-leaf Red Cornus (扁葉紅茱萸) and Ivy Tree (鴨腳木). PE Wilson got an aerial view of our happy moments with his drone while PP Peter went up and down, far and wide to capture members in action with his camera.



It was roughly quarter to 12 when we beat the return route. As we were ahead of time before the lunch booking, we dispersed to stroll around Sai Kung town. Some sat down for a cup of coffee, others went for a glass of wine while sampling cheeses and crackers. Some went window shopping and others bought local snacks and merchandise. Then it was time for lunch.



After a whole morning of exercise, our yearning appetite eagerly awaited the fellowship lunch at Bones & Blades. We occupied the whole of its cockloft and feasted on the special hand-picked fine food arranged by PP Frankie and Rtnn. Creamy. The complimentary red wines by the restaurant owner definitely enhanced the experience. The various dishes were fresh and tasty, flavourful and enticing. But the most important thing is we had our fellowship true RCTP style. We left the restaurant a little past 4 pm fully grateful in the stomach and in mind. Cheers!



22 March 2021

REGULAR MEETINGS

PP Louis gave an **introduction** of our Speaker Mr. Stanley Sy.

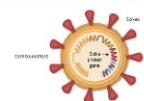


As usual, President Sally started with a recount of **recent events** and this included the Rotary Ultramarathon Virtual Run and the Star Reaching Project Closing Ceremony.



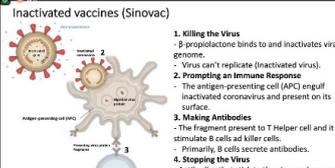
What is Covid-19?

- COVID-19 is a highly transmittable and pathogenic viral infection caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2).
- Viruses are living organisms that cannot replicate without a host cell.
- Viruses can only replicate after they have infected host cells.
- All viruses must make mRNA that can be translated by host ribosomes
- Unlike bacterial disease, there is no cure for a virus but vaccination can prevent



Inactivated vaccines (Sinovac)

1. **Killing the Virus**
 - β -propiolactone binds to and inactivates viral genome.
 - Virus can't replicate (inactivated virus).
2. **Prompting an Immune Response**
 - The antigen-presenting cell (APC) engulf inactivated coronavirus and present on its surface.
 - The fragment present to T Helper cell and it will stimulate B cells to kill killer cells.
 - Primarily, B cells secrete antibodies.
3. **Making Antibodies**
 - Antibodies that stick to the virus and prevent it



Vaccine Passport

China - Digital vaccine passport through WeChat	European Medicines Agency - Green Pass Certificate (digital and paper based format)	Israel - "Green Pass" App	Japan - Inoculation Certificate
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Certificate will only issue to people who have been vaccinated with EMA approved (also tested negative, or is immune after contracting the disease).

Only for overseas travel, no plan for domestic travel vaccine passport



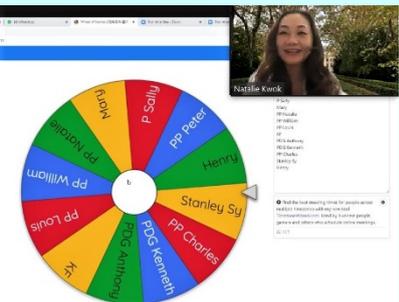
Speaker **Stanley Sy** gave us an in-depth presentation on the hottest yet sensitive topic nowadays - **COVID-19 Vaccines**. We benefitted greatly not only from hearing his clinical and lively analysis of the different vaccines but also various economic and political consideration. Stanley wrapped up his talk with the subject of Vaccines Passport which drew our undivided attention.



Vote of thanks by PP William who highly praised speaker Stanley whom he knows through his related Bio-tech business.



The talk raised a lot of questions including those from PP Natalie, PDG Anthony, PP Louis, PE Wilson, PDG Kenneth, P Sally ...



PP Natalie offered for raffle draw a bottle of Chaudron champagne; and the winner is none other than speaker Stanley!

Cheers to a fruitful meeting!

12 April 2021



We had not been having physical meeting for ages and so, this first meeting after the 'lock-down' was welcomed by members who all dutifully adhered to the social distancing measures, including seating of not more than 4 at each table during dinner.



Speaker Ms. Lau Pui Yee (劉珮兒) discussed how to "Initiate communication and discover the language of love" (打開溝通之門，發現愛的語言). She emphasized that the way we talk to our children becomes their inner voice; so positive and affirmative words are preferred over words which are negative or discouraging.



VP Danny gave an introduction of Speaker Ms. Lau Pui Yee while PP Frankie gave a Vote of Thanks to our speaker.



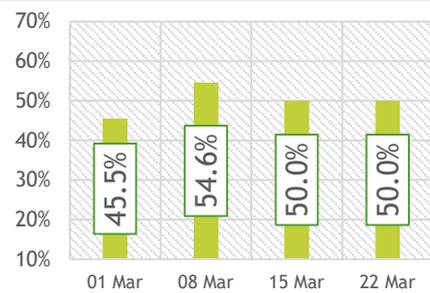
A cheerful group photo to commemorate the event.



VP Danny gave a thorough introduction of the raffle gift of Hop Caffeine Shampoo which is supposed to promote and repair hair follicles. PP Peter emerged the winner (rain-checked gift) but it seems like there are others who could make better use of the shampoo.

**UPCOMING
EVENTS**

MARCH 2021



Average attendance: **50 %**

DATE	TIME	EVENT	VENUE
19 APR (MON)	19:00	Regular Meeting Topic: 與青少年子女同行成長路 Speaker: Mrs. Peggy Chan	Sportful Garden Restaurant (陶源酒家) 24/F, iSQUARE, 63 Nathan Road, Tsim Sha Tsui
1 MAY (SAT)		Rotary District 3450 Tree Planting Program 2020-21 (Part 1)	Fung Yuen Butterfly Reserve (Address: No. 150, Fung Yuen Village, Ting Kok Road, Tai Po, N.T., H.K.)
15 MAY (SAT)		Rotary District 3450 Tree Planting Program 2020-21 (Part 2)	

April

9th CM Yu
28th Matthew Yum



Witty Reminders to Continue to put on Masks.



SASHA CHU
WILSON LAM
DENNIS LO
VIKKY TAM
MASAYUKI TSUBAKI
FRANKIE WU
SINCERE YIP
CM YU



March 2021

Perfect Attendance

Anthony Hung Louis Tang
Sally Luk Henry Wang
Claire Mak Wilson Woo
KF Tam William Yim



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