

Tai Post 大報

Monthly Bulletin of Rotary Club of Tai Po (Jun 2013 Issue)

President's Message

Ronald Chung



Swan Song

My Presidency will be over in "t - 1 week" by the time you receive this. My show will be over. The final chapter is being written. The finale is most likely going to be the Annual Ball, with the baton (the mic) being passed to the President Elect and Ball chair – unless there's more "firework" in the making that I am not aware of! Regardless, the show will go on, with another cast...Did Francis the Pope not take over the Vatican? We have a Francis taking over RCTP... Long Live Francis!



Before anything, if anyone still doesn't know, I joined the year PP Man was President of RC Tai Po. Yes, that was a long time ago, but because of work and other reasons, many in the club thought I was a relatively new member, including Rotarianne Jackie Man. In that regard, it was a very risky proposition for the club to put me in the President's position, managing and leading the club. I therefore, first, must thank everyone for giving me the opportunity to serve as President and represent the club.

Knowing this coming in, I have only one goal for my term – not letting the club down. That translates into... "at the end of my presidency, I want people in the district to say "wow, RC Tai Po," not "wow, President Ron." So, members of the Rotary Club of Tai Po can be out there in the district and be proud of being associated with the RCTP. That's it! One simple goal, from the very beginning to the very end...

So, in my plan I announced last year, I pledged to work closer with our mother club, our sister club, our baby clubs. I was not aware of clubs by the same mother, RC Penn South and RC Penn Sunrise. I was not aware of the relationships among Area 6 clubs.



During my presidency, I learned of, and built, relationships with the other clubs and their Presidents. Our mother club has been big time supportive, attending all our key events in teams... they would have attended our last joint-theme night for "The Ladies of Tai Po," if it were not for the visit by their own sister club and we ran out of seats. I am proud of them and I am quite sure that they are proud of us. Can someone say, favourite son? I think we have achieved that.

Our sister club has warmed up to our relationship as well. If it were not for conflicting Rotary schedule, they would have been here with a larger team for our 22nd Annual Ball as well (their PP Gary is now RI PE, so, a few of their members got dragged away last minute.) President Jan, who's now working in Singapore, took special time off to come and join us from Singapore. That's priceless.

Our baby club RC Central had one table both at our 1000th meeting as well as our 22nd Annual Ball. With baby RC SoHo, CP Chris has always been a strong supporter and President Polly has been to all our functions, from our 1st theme night at Mid-Autumn, to our 1000th, to our "Ladies of Tai Po" theme night to our 22nd Annual Ball.

As a result of my presidency, I have gotten close to President YC Ho of RC Penn South, our brother club (?) I am aware of the fact that there is no such thing as brother club at Rotary, but if we are from the same mother club, and we are not sister clubs, what do you call this relationship?

Then, there are the Presidents of Area 6 clubs. They were all at our 1000th meeting. Moreover, RC Tsuen Wan, under President Dominic Chu, supported us with a full table of their members. Another tremendous support by Area 6 Presidents is that provided by President Michael Chu. At one point in time, we are known as the 7 clubs at Area 6 (rather than 8 clubs at Area 6,) because RC Channel Island did not join any of the Area 6 functions, including the A6 Spring Dinner. This year, we have RC Channel Island at the 22nd Annual Ball of the Rotary Club of Tai Po – OMG! That's simply unbelievable!

Continue

But most of all, I have the support from our members and our PPs, and the Rotariannes.

PP Man has also provided much guidance. As with any President, there's been ups and downs, and, with his guidance and support, I made it through...

PP Frankie, not even a member of the board, is always there. If he's out of town, Rotarianne Creamy will be with us by herself. I think they are there to make sure that the President this year is "THE ONE" who contributes most to the red box since RCTP was established ;-)
The truth is: I think I shall have that title, with pleasure.



IPP Tsubaki san set the stage for RCTP as the district best fellowship club last year, inviting PDGs, AGs etc. I just continued with that and RCTP's reputation in the district is very much alive and kicking.

PP Jacky did a great job with our service partner.

PP Louis, my school-mate, who's always generous.

PP Wilson and Rotarianne Wanda, who we not only count on, but take for granted.

DS Peter, who, in light of district duties, seemed to rarely miss our own meetings.

PP Claire, who so capably put together our club bulletin which has received the district's best club bulletin award – is officially the best in the district.

Our DG, who gave me the honor to serve as President of the DG club.

Then there's CP who chartered the club in 1991.

There are simply too many of you I need to thank. Thank you for trusting me to leading and serving the club in a very important year. Thanks for supporting me during the year so the club is well recognized in the district. Please do join me and enjoy the reputation of the club in the district. I worked to have our members to feel proud being members of the Rotary Club of Tai Po. I hope you all have that feeling. We are a special club, because you are special members! Who could ask for anything more?

My swan song... Here's one that is very special to me that I want to share with you all. This is for the special one... "You Light Up My Life" in the 70s?

Thank You!

Rotary Club of Tai Po won a number of District Awards and recognitions at the last Joint Presidents' Meeting on 11 June 2013



ROTARY INTERNATIONAL DISTRICT 3450
(HONG KONG, MACAO & MONGOLIA)

In recognition of

Rotary Club of Tai Po

for its Outstanding Achievement in the Rotary Year 2012-13:

- Club Bulletin - English (Gold Award)
- Highest Spouse Participation (in numbers) - District Conference (Gold Award)
- Highest Contribution to Annual Giving - Annual Program Fund (Silver Award)
- Highest Per Capita Contribution to Annual Giving - Annual Program Fund (Silver Award)
- Highest Number of New Paul Harris Fellow (Silver Award)
- Highest Number of New Major Donor (Silver Award)
- Highest Member Participation (in numbers) - District Conference (Bronze Award)

Belinda Yeung
Belinda Yeung
Chairlady, District Awards Committee

Kenneth Wong
Kenneth Wong
District Governor



Editor Says ...

Claire Mak



In his Message published in the May 2013 issue of *The Rotarian* RI President Sakuji Tanaka has this to say about defining "Peace":

"... We can define peace by what it is not. It is a state of no war, no violence and no fear. It means that you are not in danger of hunger, or persecution, or the suffering of poverty. ... Peace can mean freedom of thought and of speech, freedom of opinion and of choice, and the ability for self-determination. It can mean security, confidence in the future, a life and home in a stable society. On a more abstract level, peace can mean a sense of happiness, of inner serenity, of calm."

Freedom of choice. We should be grateful to be living in an era and place where choice is real and possible. Of course, not all available choices are preferable but at least we are given a chance to choose. Everyone has his/her own history or story which forms the background of his/her outlook to life. Such outlook often affects the choice making process. We may always wonder why some people made some odd choices. Like: why would one choose to end one's life when things are looking bright? Given a second chance, or more time to think, will they come to the same conclusion?



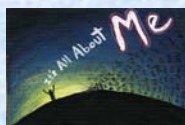
At other times, the 'Me' takes up too much of the centre stage and when the mighty "I" makes the choice, it may be entirely oblivious of the ripples which may spread around, and the result is irreversible.



Of all the choices, I think the most difficult one may sometimes be – "to let go".

Letting go is difficult; but holding hard onto one's fist can be painful. We refuse to let go because the matter or the feeling at hand is too good; best if it can be kept forever. The more one refuses to let go, the more one will fear losing. The more one fears, the more anxious one will become. Accumulation of fear and anxiety may lead to negative feelings - if not illness as well.

More often than not, we are quick to notice what we lack: you see in others properties, lifestyle, achievements, awards, beauty, healthand immediately you may be asking "Why not me?" "Why am I not born with a silver spoon?" We are slow to appreciate what we already had. Even if we do appreciate what we already had, we often crave for more.



At other times, the 'Me' takes up too much of the centre stage and when the mighty "I" makes the choice, it may be entirely oblivious of the ripples which may spread around, and the result is irreversible.

I recently spoke with a past president, formerly of a fellow Area 6 Club. He quit his club after more than 30 years in Rotary, citing irreconcilable differences with certain members of the club. When he expanded on those differences,

they sounded to me all but repercussions of a wounded BIG ego. This former president prided himself as the indispensable *shadow president*, having weathered successive reigns of club presidents and allegedly did *all* works for those presidents; but felt 'disrespected' when board members voted down an agenda item which he proposed. Strong exchange of words ensued followed by his resignation. This is the generic example of the big ME magnified so disproportionately that it blinded him from seeing the other side of the coin - the good in others or more importantly, his own inadequacies. He is not making peace with club members; he is certainly not making peace with himself!

We have all done multiple choice questions at one time or another. The trick with doing this type of question is – it is not always a matter of choosing the right answer A, B or C; but rather, eliminating the wrong ones. Isn't life rather similar? We should not focus on getting the right answer (well, sometimes there is none!) Instead, we need to remove the wrong choices. Go easy on self and on others: learn to let go ... In the end, we may be getting more.



Rotary may be able to offer the tangible *peace* through service; but it has to start with inner *peace* of mind. That's probably what RI President Tanaka described on an abstract level: *a sense of happiness, of inner serenity, of calm.*

Rotary Information

Peter Lam



Let's take a look at the last Peace Forum of this Rotary year which was held in RIP Tanaka's home country and probably the highlight of his Presidency which will end very soon.

Hiroshima peace forum notes that peace begins with you

By Arnold R. Grahl Rotary News -- 20 May 2013



In a ceremony heavy with symbolism, RI President Sakuji Tanaka joined other Rotary and community leaders 17 May in laying a wreath in Hiroshima Memorial Park, dedicated to the victims of the atomic bomb dropped on the city during World War II.

The subject of peace has been at the heart of Tanaka's year as Rotary's president. A member of the Rotary Club of Yashio, Japan, Tanaka selected *Peace Through Service* as RI's theme for his year, and he organized three global peace forums to motivate Rotarians and others, particularly youth, to work for peace in their daily lives.

The wreath-laying event took place during the third of these forums, in Hiroshima, Japan, 17-18 May. Tanaka also visited the Hiroshima Peace Memorial Museum and signed the guest book, which contains messages of peace from many past and present world leaders. More than 2,700 people attended the forum, including Rotarians, community leaders, and students and alumni of Rotary's Peace Centers program -- a peace studies initiative that provides future leaders with the skills needed to resolve conflicts and promote peace. The governor of Hiroshima Prefecture, Hidehiko Yuzaki, and the mayor of Hiroshima, Kazumi Matsui, also attended.



Previous forums were held in [Berlin, Germany](#), and [Honolulu, Hawaii, USA](#). Tanaka selected all three sites because they were affected by the events of World War II and now represent the healing power of sustainable peace between nations. "Every Rotary project, every act of service, is an act of love and kindness," Tanaka said in his closing address. "When we serve in the right ways, and for the right reasons, we bring people together, in peace and in harmony. How could it be otherwise?"

A call to action

Participants at the forum also adopted a declaration, "*Peace Begins With You*," which serves as a call to action for individuals to make a conscious effort in their daily lives to promote harmony with their neighbors and create friendships that transcend the divisions of nationality, politics, religion, and culture. "Today, as we leave this last Rotary Peace Forum, I ask you to understand that peace, in all of the ways that we can understand it, is a real goal, and a realistic goal for Rotary," Tanaka said. "Peace is not something that can only be achieved through treaties, by governments, or through heroic struggles. It is something that we can find, and that we can achieve -- every day, and in many simple ways."

Rotary Foundation Trustee Chair-elect Dong Kurn Lee, of the Rotary Club of Seoul Hangang, Korea, spoke about the contributions Rotary has made in moving the nations of Korea and Japan closer together as allies and economic partners, healing old wounds. He quoted a Korean saying, "It takes two palms to make a clapping sound," to illustrate that neither nation could decide alone to live in peace with its neighbor.

"Every year, for the last eleven years, Japanese and Korean Rotarians have had a very special meeting: a Japanese-Korean friendship meeting," Lee said. "It is a wonderful event. We talk about Rotary, and we do some Rotary work. But the most important part of the meeting is simply coming together, in Rotary fellowship. . . . Rotary has helped us to make our dream of peace between our countries real." President-nominee Gary C. K. Huang noted that the idea of treating others as we would like to be treated ourselves is a common concept across cultures and religions. Rotary members strive to achieve this by putting service above self and by laying a foundation for peace. "We build peace in the world by building peace in our communities -- within our Rotary zones and districts, and within our neighborhoods," Huang said. "We build peace in our communities by forging friendships, and by cultivating an open mind and a welcoming spirit within ourselves."

Rotary has a long-standing commitment to peace. At the grassroots level, members have worked to address the underlying causes of conflict and violence, such as hunger, poverty, disease, and illiteracy. Ten years ago, Rotary decided to take a direct approach to promoting world understanding by providing future leaders with the tools they need to "wage peace" on the global stage. Since 2002, Rotary clubs have annually sponsored up to 110 scholars who embark on one to two years of study, earning either master's degrees or professional certificates in peace and conflict resolution at Rotary Peace Centers at universities around the world. Seventy peace fellows have graduated from the Rotary Peace Center in Tokyo at International Christian University, and another 21 are currently enrolled; 25 peace fellows from Japan have studied abroad at Rotary Peace Centers.

Club Visit to Rotary Club of Hong Kong Harbour on 23 May 2013

Claire Mak

Our club reciprocated the club visit to RC HK Harbour on 23 May 2013 at Regal Hong Kong Hotel.

The Speaker of the evening was Dr. Ting Sik Chuen (specialist in Psychiatry) who spoke on the topic of "Dementia: causes & treatment" (老年認知障礙症). All learned a lot more about the subject.

Other than the usual, everyone was given a special treat of Bordeaux wine tasting and dumpling-making demonstration: very appropriate as Tuen Ng Festival was approaching then! How "well-wrapped" (or loosely wrapped?) were the dumplings by our ladies? Let them tell you! But the evening was well wrapped with informative speeches, good fun and fellowship.



❀❀❀ Ladies Night ❀❀❀

(Joint Theme Night by Teams 3 & 4)

Saturday 18 May 2013 @ the BOX, 4/F IFC

Teams 3 & 4 joined hands to organize this last theme night of this Rotary year. Honouring "Family" and in particular, spouses, is the target theme and the whole evening was in fact a hair-down warm family get-together. We were asked to dress in red, yellow or green.

The program started with the usual announcements, followed by gifts presentation in recognition of spouses. The buffet dinner which followed boasted of delicate choices of menu plus free flowing wines and sake. Coupled with soft band singing everyone was tuned in to a relaxed, filling mood. In the interim, guests were invited to tell jokes to spice up the evening. Then there were these 1-minute games which set everyone on the edge of their seats! A singing *contest* ensued whereby members, spouses and guests displayed their different tones and styles.... In the end, all were awarded with apt prizes. The evening continued with more singing and more dancing ... all in true RCTP style and manner.



Continue ➡



At your Service **潮看Teen 空** *Jacky Sung*

Internship

There were a total of 14 students who participated in the internship program on 26 April, 2013. Thanks to the help from our own members PP Wilson, PE Francis, Rotarian Caren and few of our friends, our students had the opportunity to work in animal clinic, office, desserts shop, cake shop, as well as the Salvation Army. The main purpose was to provide them the experience in the actual working, and start planning and their future goal and career.



Vocational Visit

The second vocational visit was held on 15 May, (Wednesday) to Kowloon Cricket Club (KCC). We appreciate the arrangements by our CP Donald, KCC's General Manager and their senior staffs for spending the whole afternoon to entertain our students. After a brief tour in all KCC facilities, light snack was served to the students, while KCC Human Resources Manager gave a talk about the job opportunities in KCC and how the students should prepare themselves if they really wanted to work in this industry in the future.



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Closing Ceremony

After almost 9 months of different activities, 潮看Teen空 2012 finally came to an end. The Closing Ceremony was held in HYK Tai Po District Secondary School on 5 June (Wednesday). PP Claire, PP Peter, PP Frankie and Rotarianne Creamy, Rotarian Timmy, Rotarian Vikky, Rotarian William and PP Jacky, led by PE Francis attended this event.

Video highlights of the projects were shown while all guests were served with the coffees and cupcakes that were prepared by the students. After the sharing by social worker, teacher, parents and students, we were pleased to know that there was significant improvement in studying attitude from all participants. Especially after hard working internship experience, they realised that working is not easy and academics are crucial for their future career. After the project was completed, almost all students have set their own personal goal, and they have made a promise to work hard for it.



53rd District Assembly

Hong Kong Jockey Club Shatin Club House • Saturday, 25th May 2013

Claire Mak

Following the tradition and the pattern of past years the District Assembly included training and sharing sessions. The interactive and participative Assembly brought about a thorough elucidation of the new Rotary Theme “Engage Rotary, Change Lives”. A strong team from RCTP presented itself including DG Kenneth, PDG Anthony, DS Peter, Pres Ron, PE Francis, PP Claire, PP Ping, PP Frankie, Sgt-at-arms Vikky, Rtns William and KF.

08:30 Registration & Light Breakfast



09:30 Opening Plenary Session



09:45 Meeting declare opened & Welcome Address (DG Kenneth Wong)



10:00 Presentation of 2013-2014 RI Theme and District Priorities (DGE Eugene Fong)

11:20 Report on Council on Legislation (PDG Anthony Hung)



11:50 Breakout Session 1

- Group 1 : IAGs, IDAGs and PEs
- Group 2 : Service Projects
- Group 3 : Club Administration / Secretary / Treasurer
- Group 4 : The Rotary Foundation
- Group 5 : Membership Development and Extension
- Group 6 : Public Image



Group 7 : Engaging Rotary through the Leprosy Project

13:10 Lunch



14:10 Breakout Session 2

How engaging Rotary changes others' lives

Afternoon Plenary Session

15:10 Presentation of 2013 -2014 District Budget (DGE Eugene Fong, PDG Anthony Hung & DT Ted Ho)



15:50 Keynote Speech by Mrs Angelina Yuen

16:50 Closing Remarks by DGE Eugene Fong

17:00 Meeting close



Organ Donation Octopus Card Launching Ceremony

Claire Mak

First of its kind, the Rotary Octopus Card signifies the engagement of Rotarians and Rotaractors of D3450 in the promotion of Organ Donation in Hong Kong. The launching ceremony on 1 June 2013 (Saturday) at the Atrium, Olympian City aimed at helping the community to find out how organ donation changes the lives of the organ recipients and their families.

The launching ceremony was officiated by Special Guests including our own DG Kenneth, Secretary for Food & Health Dr. Ko Wing-man, Council Chairman of HKU Dr. Leong Che-hung and Vice Chancellor of CU Prof. Joseph J.Y. Sung. Recipients of organ transplant and their families, family members of organ donors and coordinators who play an important role in facilitating organ donation also shared their experience and passion with the audience.

Quite a number from RCTP turned up: DG Kenneth, Rtnn Lucia and Amy, DS Peter, Rtnn Alice and Sebastian, Rtnn Caren, PP Claire, Rtn William, Rtnn Bebe and Alaric, Alvis and Bernice, Rtnn Wanda, Chloe and Rex, PP Charles, Sgt Vikky and Grace; and also our Rotaractors Jodhy, Jolly and Wesley.



Youth Corner

A Whole New World [Part 1]

In Zanzibar, Tanzania

8 April-11 May 2013

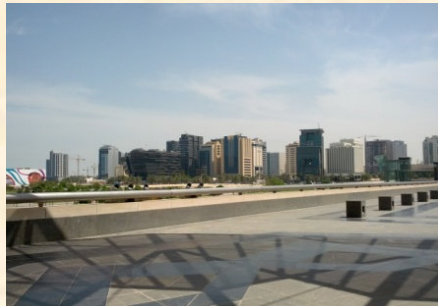
Jodhy Mak

It was my very first time ever visiting the Great Africa Continent. IT WAS FANTASTIC.

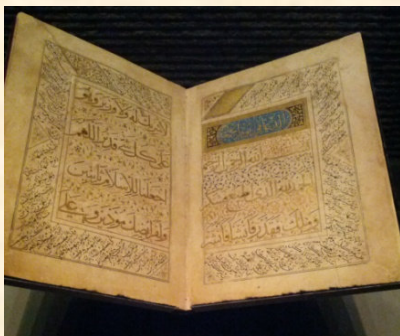
Before beginning my 4 weeks of attachment in Mnazi Mmoja Hospital in Stone Town, Zanzibar, there was a little hiccup....I got a day traveling around Doha because of the flight delay. Doha is the capital city of Qatar, a very sandy city with skyscrapers and nice blue sea. Everyone is covered up with the traditional clothing in this Islamic place. AND YOU HARDLY FIND A FEMALE ON THE STREET. I was pretty frightened that every man stared at me and my T-shirts and trousers when I was walking around.

Doha

Demographics: 132km² (HK: 1,104 km²); Population 1.45 million (HK: 7.1 mil)



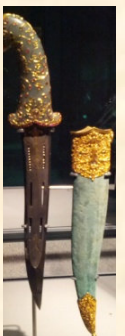
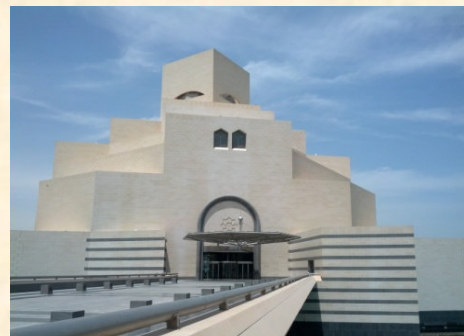
I mostly traveled on a hired car because of safety and limited time. I only visited the Museum of Islamic Art, which houses artifacts from Muslim dynasties all over Asia, Africa and Europe. There are also displays from the Al-Thani dynasty, as well as art from all parts of the Middle East. What an adventure!



Prayer for the seven days of the week



The Museum of Islamic Art



knife

Continue

After a total of 10 hours flying on 3 planes over two days, here I came to this nice tranquil town, the Stone town.



Super small Zanzibar airport



Sunset in Zanzibar



A beach in Stone Town

Zanzibar is a semi-autonomous part of the Republic of Tanzania. It consists of two islands in the Indian Ocean, Unguja and Pemba, both on the west coast of Tanzania in the East Africa. Stone town is the capital city of Zanzibar in Unguja and is a historic centre, a world heritage site. I'm so glad that I didn't pick another hospital in the Mainland Tanzania for my attachment.

Zanzibar

Demographics: 2,650km²; Population 1.3 million

Language: Swahili (they know simple English)



a hardworking girl



The building



souvenir store

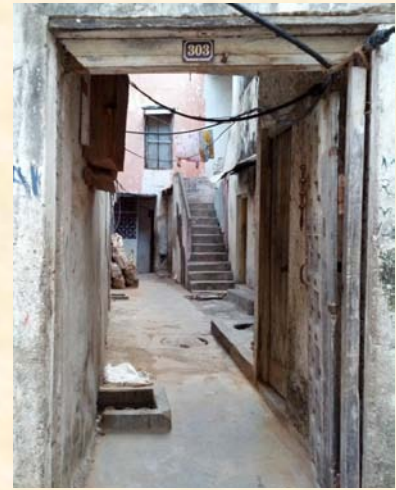
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The street



The boys



Behind the doors



The vendor



Public housing



In the market

I'm a traveler not only visiting Zanzibar, but living here. It's an experience totally different from touring around hot spots every day, with packed itinerary. Instead, we did what locals do, we ate what they eat; we walked through the town, jogged around and along the coast, mingled with neighbours, bought utilities in market, bargained prices in Swahili... We were very "local" indeed, in the sense that we didn't even visit all the heritage sites and museums (As a Hong Konger, I don't think I travel Hong Kong thoroughly enough).

Ops, I forgot to introduce my team, I wasn't going solo...

We are a team of 7, 4 girls 3 boys, who merely knew each other before the trip. Now, we are like family.



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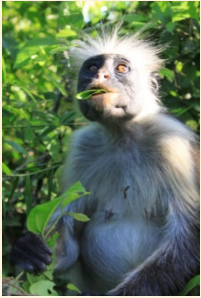
Our daily routine:

Weekday – Attachment @ Hospital

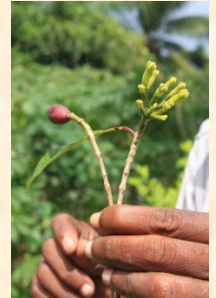
Weekend – Travel around the island

(this small island only took us 1hr going from the east to the west by car)

So over the weekends we spent 90% of the time soaking up the sun, tanning on the beaches along the north, east and west coast, snorkeling, visiting spice plantation and national park... This is quality of life, work hard and play hard!



Monkey; Mangroves @ Jozani Chwaka Bay National Park



Nutmeg spice (for women to get "High", whereas Ginger are for men); Cloves @Spice plantation



Beach in Paje (west coast)



Dhow (boat for fishing)



The Aldabra Tortoise on Prison Island

Bits and Pieces of my hospital attachment...



ENT clinic (Ear, nose and throat)



local doctor & me



Mnazi Mmoja Hospital



Toilet in the hospital

Patients in female medical ward mainly suffered from obesity, hypertension, diabetes and heart failure. This is highly related to its culture of high sugar, salt and oily diet, in addition to mother as role of cooking and taking care of children. Clinical managements of these patients were done in bio-psycho-social approach. There were also cases of suspected HIV patient with Cryptococcus pneumonia, schizophrenia, malaria, acute renal injury, leukemia, cervical cancer, hepatoencephalopathy, stroke, skin infection, etc. The signs and symptoms of patients were more profound than those I had come across.

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Clinical signs and symptoms are the objective and subjective way in assessing patients' condition to facilitate diagnosis. Nowadays, the diagnosis depends much on advanced imaging and laboratory technology and the diagnosis can be made quickly and accurately. However, in regions where there is no advanced imaging facilities, clinical detection of signs and symptoms is utterly important in diagnosing a disease. As conclusions are drawn from results of the physical examination, any misinterpretation will lead to misdiagnosis.

Doctors with less experience and poor skills have a higher chance to pick up wrong signs, which lead to a wrong diagnosis and an entirely different investigation and management. Patient's life will be at stake, let alone doctor's reputation. I, as a medical student and doctor-to-be, need to equip myself the best way I can before graduation. And I should continue to refine and update my clinical skills and medical knowledge throughout my career. This will hopefully be able to provide the best holistic care to patients.

I visited a peripheral hospital nearby. This super small 3 stories hospital provides beds and nursery care for pregnant women. Not much can be done in this hospital, but the patients can be examined by doctors sooner for prompt referral. As a doctor-to-be, I felt both the frustration and the passion of local doctors in taking care of patients. The issue is out of the scope of individuals and what we could do is to provide the best services with limited resources.



The best thing in this attachment is delivering babies on my own. I have delivered a baby in Prince of Wales Hospital once. It's totally different! I was not putting on any personal protective equipment except sterile gloves, not even surgical mask... There are much less equipment than in Prince of Wales Hospital, namely Emesis basin with sterile gauze, Rampley sponge forceps, Spencers well forceps, umbilical scissors and cord clamp made by elastic ring. Surprisingly, deliveries in the labour ward were mostly smooth and quick under such circumstances. What a once-a -life-time experience!



Nursing student and me



beds



oxygen box for premature babies

I appreciate their effort in preserving a hygienic condition in patient's ward. The floor is cleaned every morning and the bed sheets are washed after used. Any invasive procedure requires alcohol swab and gloves. Gloves, needles and catheters are disposable. The staff wears scrubs. However, since there is no air-conditioning in ward, flies and insects and cats can be found. I understand this is cannot be controlled by the staff. Much more resources, facilities, and health and hygiene education are required.

Given the limited and basic equipment and resources available in the hospitals in the region, I am sure the doctors and nurses have already achieved their role in providing holistic care to patients.

Next article: Luxurious Safari!

[To be continued in next issue of Tai Post]

Youth Corner

Step-up, be an Entrepreneur!

Professional Development Seminar, 26 May 2013

Aubree Wai, IVP 2012-2013



Nowadays, many people from the working society often complain about their work, give up easily and switch jobs very often. I believe that one of the factors behind these phenomena is that one has not found the meaning behind work yet. Work should be meaningful, pushing up your momentum while giving satisfaction.

For this reason, the Rotaract Club of Tai Po and Rotaract Club of Hong Kong have jointly organized a professional development seminar and it is our honor to have invited Ms Doris Leung, Executive Director of Social Venture Hong Kong (SVHK), to share her experience on starting her business and how it could be beneficial to the society at the same time. With more than 70 guests attending, the seminar was successfully held on 26 May 2013 at Pixel Cafe, Mong Kok.



Doris presented her personal story behind creating Diamond Cab, her founding company on serving passengers in wheelchair to destinations. Seeing her beloved family member having difficulties traveling to places in wheelchair, she noticed that the society was lacking in service for those in need and has taken steps to start the Diamond Cab business. Through this seminar, guests gained a valuable lesson on the operation of social enterprise, from getting ideas off your head, to branding, marketing and finding the right partners.

Indeed, it would be excellent to have a business that is both profitable in terms of earning money and be able to contribute to the society. However, not everyone has the opportunity to be an entrepreneur, but that should not be the reason to stop helping the society.



Regular Meeting

20 May 2013



PP David Loie spoke to us on the nth sequel to "Love and Hate and the Shanghai way – Now What!" and expanded on the different dilemmas that he experienced first hand in Shanghai and other parts of China



RAC Tai Po President Jodhy joined us with PP Stanley to update members on their recent activities



True to the topic about Shanghai, Shanghainese PP Jacky was invited to give a vote of thanks

3 June 2013



Caren would have no problem inviting members home for BBQ now that she had won the raffle gift of a BBQ stove given out by PP Dennis



Rotaractors Wesley, Jolly and Jodhy and Rtnn Mary joined us at the meeting probably being attracted by the queer topic



PP Dennis brought along animal lovers – Rtnn Lancy and daughter Rachel



Secy Caren introduced speaker Joe the Butterfly but we are none the wiser why he was called Mr. Butterfly



Roger was warmly welcomed back and he showed due appreciation by paying red box



PP Claire 'has fork to use' after winning the raffle prize of a culinary set given out by PP Armstrong.

Regular Meeting

10 June 2013



Joe Lee (Mr. Butterfly) introduced us to the rather hard-to-believe Animal Communication



PP Frankie took the lead and paid red box welcoming Paul back to RCTP



Welcome back Paul and we look forward to your rejoining the club very soon



PE Francis reported on the encouraging figures raised at the Ball and received members' commendation on a wild yet memorable Ball. He also discussed the new ideas and plans he has for the coming year.



Lucky raffle winners getting golf package, red wine, watch ... etc. Congrats!



Lucky raffle winners getting golf package, red wine, watch ... etc. Congrats!

Upcoming Events

May Winners (100% attendance):



FRANCIS AU, CAREN CHAN, RONALD CHUNG, ANTHONY HUNG, PETER LAM, PING LEUNG, DENNIS LO, CLAIRE MAK, MAN MO LEUNG, ARMSTRONG SHEA, JACKY SUNG, VIKKY TAM, K.F. TAM, MASAYUKI TSUBAKI, KENNETH WONG, FRANKIE WU

We Miss You
in May

Sasha Chu,
Pearl Dang,
Ada Wu,
Sincere Yip,
Patrick Yung



% of attendance of regular meetings (inclusive of make ups)

Average attendance :
68%

6/May 69.2%

18/May 72.5%

20/May 62.3%

27/May cancelled

<u>Day</u>	<u>Time</u>	<u>Topic</u>	<u>Venue</u>
8 Jul 13 (MON)	7:00 p.m.	Club Installation	Hullet House, 1881 Heritage, 2A Canton Road, TST
13 Jul 13 (SAT)	2:15 p.m.	District Installation Dress Code: Rotary or Business Attire	HK Jockey Club Amphitheatre, The HK Academy for Performance Arts, 1 Gloucester Road, Wanchai
13 Jul 13 (SAT)	8:15 p.m.	Bond Marrow Foundation Fund Raising Concert	HK Jockey Club Amphitheatre, The HK Academy for Performance Arts, 1 Gloucester Road, Wanchai
15 Jul 13 (MON)	7:00 p.m.	Speaker: Vivek Mahbubani	Chinese Restaurant, Royal Plaza Hotel, Prince Edward Rd. W



Rotary International District 3450
(Hong Kong, Macao & Mongolia)

District Installation



Saturday, 13th July 2013
2:15 pm – 4:45pm

HK Jockey Club Amphitheatre
The Hong Kong Academy for Performing Arts
1 Gloucester Road, Wanchai, Hong Kong
香港灣仔告士打道 1 號香港演藝學院
香港賽馬會演藝劇院

HK\$380 per person

Dress Code:
Rotary or Business Attire

Admission:
Ticket with marked seat

Registration:
Advance reservation required, please register with your Club

Refreshments:
Light refreshments from 1:00 pm

Ceremony:
Starts punctually, please arrive on time !

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✉ ric@rotary3450.org

PEACE THROUGH SERVICE ENGAGE ROTARY CHANGE LIVES PEACE THROUGH SERVICE ENGAGE ROTARY CHANGE LIVES

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edit articles for length and
clarity.