

# TAI 報 POST

WILLIAM YIM

## PRESIDENT'S MESSAGE

Dear fellow club members and friends,

We are now three months into my term as president, and it is time to finalize some key community service plans. It is crucial that we set these in motion now to ensure we can complete them within the academic year of our target service school partners.

Recently, PP Vikky and I met with representatives from Wong Fuk Luen Memorial School to discuss a service project involving painting a large wall mural. This mural, approximately 50 meters long and 2 meters high, faces Ting Kok Road—one of the primary roads in Tai Po. I suggested incorporating significant elements from the school's history into the mural to evoke nostalgia among local residents and alumni. That idea was well-received. We are also planning a members' fellowship event to coincide with the mural project. I'm deeply grateful for the support from the school principal and teachers.



In addition, I had another meeting with our longstanding service partners from NT Heung Yee Kuk Tai Po School and Tai Po Salvation Army, along with our PE and Community Service Chair, Jules. The focus was our signature project, Sunshine Teens Maker. This project aims to support Form One students as they navigate the unfamiliarity and potential anxiety of transitioning into secondary school. We have been sponsoring Sunshine Teens for 14 years, constantly refining the project to improve outcomes. This year, we plan to incorporate more Rotary Areas of Focus into different project phases, thus enriching the scope of the initiatives.

This month, we participated in a significant meeting—our Area 6 traditional joint meeting with the District Governor who visits all the clubs in our area consecutively. Each club president presents a report to the District Governor and District Officers. Our report and received commendations from District Governor Andy. This year, the meeting was held at the Royal Plaza Hotel, our regular venue in recent years. The event ran smoothly. The evening concluded with a delightful dinner party.



Just before the much-loved Mid-Autumn Festival, we carried out a heartfelt and memorable Community Service project. Thanks to PP Natalie's planning and the help of club members—especially PP Wilson Woo—we visited two shelters run by the Street Home Association, which together house 170 homeless individuals. We distributed mooncakes and fruit as gifts and learned more about the association's goals and services. Engaging in conversation with the shelter residents provided valuable insights to their circumstances.



As we celebrate the Mid-Autumn Festival with our loved ones, it's important to remember that amidst Hong Kong's high living standards and robust social welfare, approximately 2,000 registered street sleepers and thousands of people endure harsh living conditions, particularly in the Sham Shui Po and Yau Ma Tei areas. As Rotarians, we have ample opportunities to aid our community, and we should seize them.

*Cheers,  
William*

Meeting at 7PM every other Monday  
@ Regal Kowloon Hotel

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[rctaipo@gmail.com](mailto:rctaipo@gmail.com)  
GPO Box 7142, Central, Hong Kong



CLAIRE MAK

**EDITOR SAYS**

Recently there was this heavy-handed crush on JPEX, reportedly a huge scam which rides on the Cyber wave and a few celebrities got investigated. On a lower profile, there are intermittent reports of deception cases of various magnitudes. Some alleged victims publicised the matters and recounted on TV how they were deceived and scammed. Some reproached the government or relevant authorities for lacking supervision.



Some may say that to publicise the matters and telling their stories would raise the awareness of others and alert the innocent people from being lured into the traps. I only have this to say: had there not been enough cases already? Remember in the year before last, we had had former Rotaract Past President and Senior Police Inspector Alex Fan coming to speak to us about Cyber Crime when we were made aware of all sorts of tricks and cheats?

Broadly speaking, cases of deception worked on people's soft points: like sympathy (as in false charity cases), fear (worship/blessing cases / postal deception / relatives abroad), yearning for love (distance romance cases), or greed (the notorious London's gold or similar investments). Of these, I consider the greedy investment batch as not worthy of any sympathy. Look, when they joined the attractive money-making schemes, their only aim was to make a quick/sizable buck. They would not have given anything to society if they had made a fortune out of their secret investments. By the time they lose out, why should the society waste resources to bail them out?



It was alleged that the victims listened to seminars hosted by the rogues and believed that they were given insiders' information and promises that the investment would generate profits; some saying they would obtain up to 8 times of the sums they have invested within two years' time. They were assured there was no downside and thus they invested all that they had. Seriously! Were there really such impossible opportunities? Doesn't it all sounded too good to be true?



Well, it is not a sin to be ignorant; but to be ignorant and greedy ... be prepared to pay the price. This year, Rotary asks that we Create Hope in the World ... The scammers/rogues had created enough FALSE hope and there are lots of gullible souls who fall for the attractive lure. Do not allow ones' hopes to roam entirely unrestrained. Wealth does not sprout in the void.

## The Rotary Magazine's 2023 Photo Awards

From RI news and Rotary Magazine June Issue

For the finalists in this year's Photo Awards, there are a dozen photographs that carry us from Egypt to Idaho, from Nigeria to Taiwan. Along the way we see everything from an intimate moment as a medical team prepares for surgery to a sweeping nightscape illuminated by an aurora borealis.

Though they are shot in different parts of the world, employ distinct palettes, and evoke different emotions, all these photographs have in common an unseen beauty. These days we are constantly bombarded with images – and in an era of AI and CGI, it can be difficult to know if what we are seeing is real. But in these 12 photos we have the privilege of standing in the photographers' shoes and experience an honest understanding of a particular moment. That generosity of spirit is another Rotary trait. By sharing their pictures, the photographers enable the rest of us to join them on their journey.

PETER  
LAM

ROTARY  
INFORMATION



### Winner

Photographer: Edward Uhalla (Rotaract Club of Ikate, Nigeria)

In Lagos, Nigeria, I was trying to document the introduction of District 9110's 2022-23 Rotaract representative. In the thick of the chaos, this happy Rotaractor locked eyes with me, and I captured this celebratory moment in time. **Judges say:** The photo captures the jubilation of the occasion and the excitement of the crowd of Rotaractors. Technically, the photographer's command of the image's sharpness and its excellent monochromatic shades are superb!

### Winner: People of action

Photographer: Dan Milham (Rotary Club of Metairie, Louisiana)

Dr. Dan Jacob (top left), co-founder of New Orleans Medical Mission Services, prays with nurses and assistants, including Rotarian Jennifer Esler (bottom left), before heading to the operating room for surgery during a medical mission in Puerto Plata, Dominican Republic, on 23 May 2022. **Judges say:** The moment, the composition, the light. Very simple and very, very impressive.



### Honorable mention

Photographer: Luca Ventur (Rotary Club of Siena Est, Italy)

As the first light of dawn breaks over the horizon, people make their way from fishing boats to the shores of Nungwi, a coastal village in Zanzibar, Tanzania. **Judges say:** The eyes are on a target and not on the photographer. Where is he going, where is he coming from? The picture arouses curiosity about another being.

### Honorable mention

Photographer: Ting-Yu Yu, Spouse of Yi-Cheng Chen  
(Rotary Club of Taipei Asia Link, Taiwan)

Motorcycle waterfall: Under a heavy November rain, a cascade of commuters in brightly colored raincoats flows across a bridge ramp in Taipei, Taiwan. **Judges say:** The photo offers a peek at the daily routine of urban commuters in Taiwan, a ubiquitous scene in East Asia.



※ There is a total of 10 Honorable mentions which are included in RI website or June Rotary magazine.

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GPO Box 7142, Central, Hong Kong



HELLO THERE!

THIS IS :

# Peter Lam



Name: **Peter Lam** 林濤笙

Nicknames: (no longer valid) **P 仔, Peter 仔...**

Spouse: **Tomomi Hayakawa** 早河知美

Children: **Benjamin "Hiro" and Daniel "Taka"**

Year Inducted to Rotary: **1991 as charter member of RCTP**

Year as President: **1998-99 Follow your Rotary Dreams**

Current Post in Club: **International Service Chair**

Classification: **Clothing Tailoring**



Education:

- **Secondary School: La Salle College (F1-5), Hong Kong & Robert Louis Stevenson School, California USA**

- **University: Santa Clara University (California USA) BS in Management & International Business Management Certificate**

- **Completion of full Japanese Language course at Japan-US Language Institute in Tokyo 日本東京日米會話學院日本語研修所日本語高級課程文憑**

Job experience:

**Sales Executive of Textile Materials Dept. at Marubeni Hong Kong Ltd. (Japanese Trading House) and Marketing Officer of Japan Desk at Hong Kong Trade Development Council. Director at Kam Lun Tailors Ltd. (school uniform family business)**

Passions and Hobbies:

**Table Tennis, Golf, Rock & Roll, Blues & Jazz, reading Japanese novels and watching Japanese movies, enjoy coffee, good wine and good food especially whisky & wine, US steak, Japanese Ramen and Curry.**



2010 - with Hiro at football game

*Rotary Involvement*

- **District Rotaract Chair (DRC) 2000-01**
- **Assistant Governor (AG) of Area 6 2003-04**
- **District Simplified Grant Chair 2008-11**
- **District Secretary (Club Affairs) 2012-13**

*Peter was Form 5 class prefect*



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## Rotary Involvement



At fellowship dinner 1991 in Lamma Island with RC Garden City from Singapore which was in fact the first overseas club to approach us for sister club relationship but which did not work out.



As host club coordinator of RYLA (Rotary Youth Leadership Awards) 1992-93 & 93-94. I stayed in the camp with the youth participants.



My first big job for the District: as chief sergeant leading our RCTP team at District Assembly at Shatin Jockey Club in May 1995.



Participated in RCTP's one and only one football team and played against Tung Wah Group Directors in 1994-95. Our charter Club Secretary Sammy Lee was the best player. The others mostly just went for fun!



Attended RC Taipei 50th anniversary in December 1998 with former members PP David Loie & Justin Harkiewicz.



As 98-99 President to welcome guest speaker the Hon. Allen Lee Peng-Fei CBE, JP. (RCTP first Hon. Member).



I served as Club Secretary for 2 times (under 94-95 P John Gretton & 95-96 P Man Mo Leung). Club Secretary back then was much more high profile and very busy as we had no paid secretary.



Joined our club first overseas trip: visiting sister club RC Alabang at its 10th Anniversary Dinner in Jan. 1996. My 3 yrs. old boy Benjamin was there too!



With then Rotaractor Wilson Woo at RI Convention in Singapore, June 1999.



Joined delegation to 洛陽 for 希望工程 to establish RCTP 希望小學 in 2001.



Attended RI Convention in Osaka in 2004 as AG with Louis & 2003-04 President Jacky Sung.



RCTP trip to show care for Sichuan 512 earthquake victims and planned support in Dec 2008.



As host family for exchange student Amy from Scotland in Sep. 2005



Visit to Fire Station with 勇闖高峰 project students in 2008. Thanks Fire Officer Wilson Woo for the arrangements!



Visited elderly in 塔門 with Rotaractors in Mar. 2010 and attended Rotaract Club of Tai Po Halloween Night in 2010.



As Youth Service Chair at first planning meeting to setup our Rotaract Club of WYS in Oct 2012. 2012-13 DRR Mac Chan & IPP Jodhy were there!

## Satellite Club Visit to Elderly Home for Mental Well-Being

9 Sep 2023

Ernest Chan, RSTPC Community Service Director

We are excited to share with you the wonderful visit that Rotary Satellite Club of Tai Po Companion (“RSTPC”) made to an elderly home recently. The focus of this visit was to create a heartwarming and interactive session between the elderly residents and their carers, using innovative tools such as AR technology and expressive art therapy to enhance their mental well-being.

The visit began with the introduction of AR technology. RSTPC collaborated with AESIR to create an environment where the artwork came to life with special effects and animations. This not only engaged the elderly residents in a visually stimulating manner but also created a sense of wonder and excitement.

Next, the elders were guided through expressive art therapy sessions, facilitated by trained professionals specializing in mental well-being therapy. Through art mediums, including painting and drawing, the elders were encouraged to express their thoughts, emotions, and memories. The therapists skilfully adapted the exercises to cater to the abilities of each individual, ensuring a meaningful and inclusive experience for all.

As the sessions progressed, it was heartwarming to witness the connections formed between the elders and the carers. The use of AR technology and expressive art therapy transcended the barriers of age and communication, fostering a deeper understanding and empathy between the two groups. The elders shared their life stories, experiences, and aspirations in a safe and nurturing environment, creating a true heart-to-heart connection. A 102 years old elder put down her family members name to visualize the AR effect to share her feelings to carers.

Towards the end of the visit, the elders were given the opportunity to present their artwork with AR effects to their fellow residents and carers. This brought immense joy and a sense of accomplishment to the elders, as they saw their creations come to life in a digitally enhanced way. RSTPC also presented the elders with thoughtful gifts, provided by Dr. Kong and AESIR, as a token of appreciation for their participation and openness during the visit.



This visit to the elderly home was not only a memorable and fulfilling experience for the elders but also a testament to the power of technology and expressive art therapy in promoting mental well-being. The heart-to-heart connection formed during this visit will continue to flourish and contribute to a richer and more compassionate community.

A special thanks to RSTPC, Dr. Kong, and AESIR for organizing this meaningful visit and creating a positive impact in the lives of the elderly residents. Let us continue to support and nurture the mental well-being of our elders through innovative and inclusive initiatives like these. Together, we can make a difference.

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**Heartwarming Mid-Autumn Festival • Rotary Club of Tai Po & Street Sleepers Shelter Society**

Danny Lau & Wilson Woo  
21 September 2023

As the Mid-Autumn Festival approached, RCTP members had the privilege of spreading warmth and kindness into the hearts of the homeless. Thanks to PP Natalie, who introduced Mr. Man, the person in charge of Street Sleepers Shelter Society (SSSS) to us, we were given the opportunity to distribute Mid-Autumn Festival gifts at the home for the homeless.



Having a home and spending quality time with family are not something that everyone can take for granted. Together with P William, Bebe, PP Peter, PP Natalie and Trix, we paid a visit to the SSSS Centres and prepared some gifts for them. The gifts, including mooncake and some fruits, were not expensive, but they carried heavy sentiments. It is not only a generous and kind act but also a way to make them feel the warmth and compassion during the holiday season.

Mr. Man briefed us about the homeless in Hong Kong. There are three dedicated SSSS in Hong Kong, providing shelter for those in need. They are located in Wan Chai, Yau Ma Tei, and Sham Shui Po. It is disheartening to learn that in the prosperous and advanced Hong Kong, there are still over 2000 street sleepers requiring their service per day. As members of the Rotary Club of Tai Po, we hope to inspire others to join us and contribute more to our community.



The residents are rendered homeless for different reasons, and the SSSS provides them with basic social protection. It is hard to imagine that the age range of the street sleepers stretches 70 years, from 9 to over 80 years old. The cost efficiency of SSSS is very high, with each bed costing only HK\$24 per day which is less than the price of a cup of coffee.



The centres provide basic living facilities, including bathrooms, refrigerators, wardrobes, lockers, and most importantly, a warm bed. It also provides a mailing address for them, giving them the opportunity to connect with their relatives and the community.



What left the deepest impression on us was that Mr. Man says that SSSS often receives anonymous donations, ranging from a few dollars to tens of thousands. He suspected these are from former residents who have improved their circumstances and are giving back.

With the Mid-Autumn Festival just passed, let us reflect on the power of community, generosity, and the spirit of giving. We are reminded of our duty to extend our hands to those in need. Let us continue to bring warmth and light to the less fortunate and uphold the values of compassion and service above self, as we continue to create hope to our world.



## Our TOR DES GEANTS (Tour of Giants) experience in Courmayeur, Italy

PDG Kenneth Wong



### The EVENT

A new 30k race on technical trails through unparalleled landscapes. Designed for specialists but open to anyone who wants to experience the allure of mountain racing. **The TOR30 - Passage au Malatrà** is a highly emotional experience in a magical, high-altitude setting!

Crossing the narrow Col de Malatrà pass at an altitude of 2925 metres is like passing through the 'gateway to Paradise'. With the entire Mont Blanc range on one side and the ridges of the Grand Corbin that reach heights of over 4300 metres on the other, Malatrà also delivers runners through wide valleys and woods to the finishing line in Courmayeur.

The TOR30 - Passage au Malatrà took place on Saturday, 16 September 2023, starting out at 10am in Saint-Rhémy-En-Bosses in the Grand St. Bernard valley, at a height of 1521 metres. The finish line is in Courmayeur. The maximum time allowed for the race is 8 hours.

### ENTRY

I took up trail walking with Louis and Wanda some 3 years ago. We make good trail walking partnership and we have improved our physical fitness. It seemed like a crazy idea (Lucia thought it was a bad one) for me (turning 67 years old with certain heart condition) to attempt the TOR X 30 K trail run. Then again, our trail running mentor Ming Gor, who is 72, has entered TOR X 330K run and we would dearly love to be there to cheer him on.

Encouraged by Wanda's intrepid spirit and Louis's always-positive and adventurous attitude, plus the post-race wine and dine trip in the famous Tuscany region of Italy, I decided to roll the dice and registered for the TORX 30K trail run.

### Our PREPARATION

Three months before going to Italy, we have intensified our training to strengthen our legs, for 3 times a week, we made frequent brisk walking trip from Landmark, Central to The Peak in 45 minutes and return. That was on top of our usual trail walking on Saturday and Sunday. In sports, it is often that the preparation means more than race outcome.

### The RUN

We went on the trip without much expectation other than giving it our best and enjoy the excitement of taking part in an international trail running race and a nice 3 families vacation in Italy.

We were surrounded by many super fit human beings at the starting line and that's the time we realized that we were definitely in the wrong mix. With our adrenaline pumping, we set off to the unknown and tried hard just to stay at the tail of the pack.



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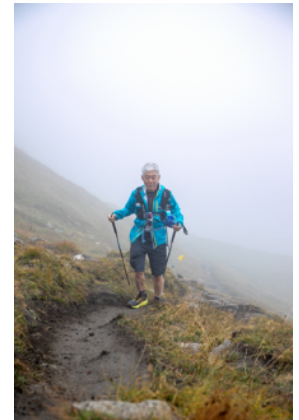
A few miles into the mountainous track, we were mesmerized by the spectacular scenery of this mountain range of totally unspoiled nature, with herds of cattle along the way and the sound of cow bells was music to our ears.

Admittedly, certain parts of the course is indeed hair-raising and intimidating for the less experienced runners like us. It was nothing like the walking trail that we were accustomed to in Hong Kong.



The race started off with a 8.5 Kms of uphill slope followed by a further 4 Kms of even steeper hill climb before reaching the first check point. After a brief descend, there is another steeper climb to the highest point of the course Col de Malatra Pass which is at 2940m above sea level. The most challenging part of the course is where the runners have to climb 30m near vertical cliff, trying to find foothold between the rocks, with our hands holding on to the iron chains!

Once we have reached 2000m above, it was a different weather circumstances: foggy and drizzily conditions set in with temperature dropped to single digit. I found myself ill-prepared in terms of running outfit. Luckily, once passed the summit, it was miles of running downhill and when I quickened my pace, I got warmer. Hot drinks and chocolate beans at the second check point really helped.



The challenges remained the miles and miles of downhill run on slippery trail. My leg muscle got stiffened and I slipped and fell a few times.

When I reached the last checkpoint, I realized that I had endured the most difficult part of the course and I was in a good chance of finishing the race. I became relaxed and focused on my breathing and settled on a steady pace during the final 4 kms descend on slope littered with granite.

I was in good spirit during my final dash to the finish line knowing that my wife and good friends would be there to cheer for me after some 8 hours of running in the wilderness. It was one of the thrilling experiences of my life which I shall cherish for a long time.

I am so proud of my teammates, Wanda and Louis for their determination to better themselves and together we have created fulfilling experiences and some fond memories with our family.

Wanda is already working on our next trail walking trip in Fuji mountain, Japan next year.



TorX

Wanda Ngan

Hiking becomes my habit during the covid period. Kenneth, Louis and I are guided by Ming Gor, an experienced hiker, every weekend to climb mountains. We have hiked almost every mountain in Hong Kong.

Ming Gor encouraged us to join races outside Hong Kong to test our ability. We decided to join TorX which is an international race in Courmayeur, Italy in September every year. The race has 450km, 330km, 130km and 30km to choose from. We of course joined the beginner level, 30Km. We had to get up in the middle of the night to do the online registration as it only accepted 500 runners and luckily, the three of us got registered. We started to increase training since May in order to have enough preparation.



The three of us set off on September 13 together with our support team which consisted of Wilson, Chloe, Margie and Lucia. Wilson and Chloe were our logistics crews while Margie and Lucia took care of food.



The big date was on September 16. It was an hour's drive to the starting point to get the bib packages. The race started from 1525m up to 2936m and then proceeded downwards. We must arrive the first check point within 2 hours which was 10km from the starting point. The height of the first point was already 2537m. We need to finish the race within 8 hours.

The three of us started at the same pace for the first few km. Kenneth started to increase his pace and I followed him. Louis was behind me. As time passed by, three of us had distance apart.

I could barely be able to reach the first point on time. However, the weather was getting worse and I did not bring any rain gear with me. The trail was narrow and there was no railing on the cliff side with more than 2000m depth. I started to worry about Louis as he is out of my sight and I had heard no noise at all. He normally spoke a lot during hiking.



Finally, I saw him waving at me but I could not hear what he was talking about. I decided to slow down and joined Louis. He told me he would like to quit. As I did reduce my pace, I might not be able to catch up with Kenneth and the trail ahead was even tougher. I decided to quit as well. Both Louis and I were sent back to the starting point by a jeep. Our PDG Kenneth kept on hiking all the way and finished. I admired his courage and strength. Let me salute him.



I felt upset that I could not finish the race. However, I will definitely do another hiking outside Hong Kong again in 2024. I will climb up Mt Fuji to celebrate my 60th birthday (登陸富士山慶祝登陸).



## Wonderful Wine Tasting Experience during our Italy Trip

Louis Tang

Following our exciting experience in TOR 30KM we started the 2<sup>nd</sup> part of our journey – our stay in Capannelle Resort Hotel in Chianti Tuscany. The manager of the hotel is a good friend of PP Wilson and thus we have enjoyed extra services from him.

As you can see from the photos, the place was beautifully decorated and in an absolutely stunning location with beautiful views across the local village. If I were to get married with Margie again, I would consider to celebrate at this venue to make the wedding memorable. The Capannelle resort is actually nicer than in pictures.



Capannelle has a big wine cellar and produces some 80,000 bottles a year. The top wine in its stock list is called 50 & 50 which represents wine blended from grapes equally from Capannelle - the Sangiovese, and Tuscan Winery in Montepulciano – the Merlot. Critic tasting note: (2018 vintage) "*Ruby red colour with light garnet highlights. The nose reveals vegetal and floral notes of roses and violets, followed by hints of ripe red berries. The palate is deep and rich with a juicy and persistent finish.*" - 93/100, Falstaff. We were lucky to have tried it together with other good wines in a tasting specially organized by the Manager.



We all had a good time and did enjoy the resort hotel very much because the people are friendly and provide good services. The beautiful and peaceful location up in the hills with stunning views and wine tasting are ideal for a romantic escape.



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# Area 6 Joint Club Meeting cum District Governor's Visit

25 September 2023, Royal Plaza Hotel  
Claire Mak

District Governor Andy Li did his rounds at the clubs and visited Area 6 during the Joint Club DG Visit Meeting on 25 September 2023 at Royal Plaza Hotel. As in past years, DG Andy and his district officers held a private meeting with board members of our club and reviewed the club affairs. President William presented the club plan and targets for the coming year. DG Andy commented on the relative strengths of RCTP and highlighted a couple of matters our club ought to take note such as our plans about Satellite club, registration and membership of our Rotaractors and also our TRF targets.



Soon after the private session came the joint Area 6 dinner meeting. Each club president reported on the recent events and promoted important activities. DG Andy was then invited to speak about the District focuses.



There were sessions on induction of new members and birthday celebration as well. Of course, such joint meeting would not finish without the photo session of DG with individual clubs.



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Rotaract Club of the Student Union of Wu  
Yee Sun College, The CUHK  
The Tenth Cabinet  
Session 2023 – 2024  
RAC WYS President Ricky Fok

SUNAPRICITY 宜綴青耀

"Sun" stands for the College to which we belong, i.e. "Wu Yee Sun College". "Sun" also refers to the sun, which shows that our ten Cabinet members are as determined to serve the community as the sun, and that we will not change our determination to serve the community in times of storm.

"Apricity" means the warmth brought by the sun in winter, symbolising the Cabinet's wish to be the beacon of light in the cold and darkness, bringing warmth and direction to the community. Through the four major activities we organise, we aim to dispel the cold and make people feel the warmth of the world. We want to be an essential part of the community, helping those in need and never giving up.

"宜綴青耀" is the Chinese name of the Cabinet. "綴" means connection. "青耀" and "耀" connotes colourfulness. Our Chinese name illustrates how we will work together with our members to build a better future by utilising the strengths of each individual and how we will uphold "Engrave" and put our efforts into action.

Cabinet Theme: "Engrave our own path"

The Cabinet's annual theme "Engrave our own path" emphasises the Cabinet's aim to translate its vision into action and to make a real contribution to those in need around us and in society. "Engrave" reaffirms the importance of action. The Cabinet's annual theme is complemented by its Chinese name. "Engrave" and "Sunapricity" together show that the Cabinet aims to organise activities in the four areas that will warm people like the winter sun. The word "own" in the Cabinet theme also reflects our hope that Cabinet members will not just follow the crowd but also carve their future and the ideal world. We hope that in our activities and social services, our members can explore themselves without any constraints, explore their potential and find their unique selves to become the colourful stars depicted in the logo of the Cabinet.

Cabinet Logo:



The Cabinet's logo is based on the planet Saturn. The roaring sea on the surface of Saturn represents the unknown difficulties and challenges of the future. But when we look up, we see the ever-changing and boundless universe. This image signifies our Cabinet's determination to lead our members to overcome adversity and to find our own unique starry night and sea after all the hardships. We hope to serve the community and develop our potential to become a better version of ourselves.



## Year-Round Activities Overview

Our year-round activities are divided into four areas, namely Club Service, Community Service, International Service and Professional Development, which serve our members, students of the Chinese University of Hong Kong, the underprivileged in Hong Kong and people in need outside Hong Kong. At the same time, Cabinet members can broaden their horizons and gain experience in professional development to achieve diversified growth. In 2023 - 2024, the Cabinet will organise 11 activities, and the activities of each section will spread throughout the year.

Month	Activity	Area
September 2023	Orientation Night	Others
September 2023	Recruitment of New Cabinet Members	Others
October 2023	Camping Trip	Club Service
October 2023	Scented Candle Workshop	Professional Development
November 2023	6R Party	Club Service
November 2023	High Table Dinner	Professional Development
December 2023	Volunteer Service: Distributing Food to Unhoused	Community Service
December 2023	Taiwan Service Trip	International Service
January 2024	War Game	Club Service
February 2024	Volunteer Service: Helping Stray Dogs and Cats Centre	Community Service
February 2024	Mixology Workshop	Professional Development

**Sunapricity**  
**Rotaract Club of the Student Union of Wu Yee Sun College, CUHK**

 <p>President</p>	<p>霍心謙 Fok Sum Him (Sumhim)</p>
 <p>Immediate Past President</p>	<p>吳永兒 Ng Wing Yi (Yves)</p>
<p>Internal Vice President</p>	 <p>黃詩琳 Wong Sze Lam (Elodie)</p>
<p>External Vice President</p>	<p>黃曦程 Wong Hei Ching (Marcus)</p>
 <p>Secretary</p>	<p>陳駿睿 Chan Chun Yui (Alfred)</p>
<p>Treasurer</p>	 <p>劉家樂 Lau Ka Lok (Sunny)</p>
<p>Club Service Director</p>	<p>陳心悅 Chan Sum Yuet (Crystal)</p>
<p>Community Service Director</p>	 <p>梅詩麗 Mui Sze Lai (Muitsz)</p>
<p>International Service Director</p>	<p>梁仲弘 Leung Chung Wang (Tony)</p>
<p>Professional Development Director</p>	 <p>梁展望 Leung Chin Mong (Ray)</p>
<p>Promotion and Publication Director</p>	<p>陳恩桐 Chan Yan Tung (Olivia)</p>



## UPCOMING EVENTS

Date	Time	Event	Venue
21 OCT (SAT)	11:00	RCTP Blood Donation Day	Blood Donation Centre 23/F, Millennium City 5, 418 Kwun Tong Road
28 OCT (SAT)	10:00	District Rotary PPE Power Day	Wu Kau Tang, Tai Po
30 OCT (MON)	15:00	Vocational Visit to Lee Kum Kee	Lee Kum Kee Factory, Tai Po Industrial Estate
30 OCT (MON)	18:00	Team 3: Hakka Fellowship Dinner	BB開心棧 GF, 60 Lung Mei Village, Ting Kok Road, Tai Po
06 NOV (MON)	19:00	Regular Meeting Speaker: Michael Chan Topic: Why one should not start a social enterprise like Project Dignity in Hong Kong?	Regal Kowloon Hotel
11 NOV (SAT)	19:00	CP Donald's Birthday Party	Yu Cuisine, 8/F, 8 Austin Road, TST
20 NOV (MON)	19:00	Regular Meeting Speaker: Singh Greakman Topic: Firefighter - Looks the Same	Regal Kowloon Hotel

*miss you*

**Wilson Lam**  
**Sally Luk**  
**Masayuki Tsubaki**  
**Wilson Woo**  
**Sincere Yip**  
**Ronald Chung**

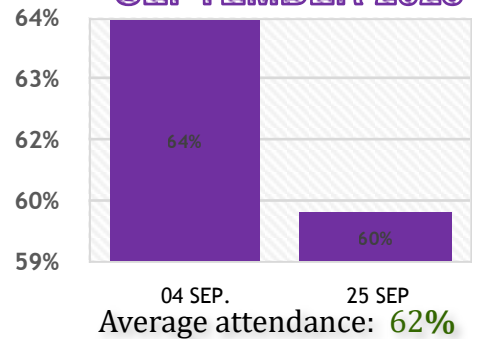


### Perfect Attendance SEPTEMBER 2023



<b>Anthony Hung</b>	<b>KF Tam</b>
<b>Natalie Kwok</b>	<b>Louis Tang</b>
<b>Peter Lam</b>	<b>Kenneth Wong</b>
<b>Danny Lau</b>	<b>William Yim</b>
<b>Claire Mak</b>	<b>Vicky Tam</b>
<b>Armstrong Shea</b>	

### SEPTEMBER 2023



Rotary Club of Tai Po | CREATE HOPE in the WORLD

### Team 3 Fellowship Mon, 30 Oct 2023

李錦記  
LEE KUM KEE

**Vocational Visit to Lee Kum Kee**  
~ Autopilot Leadership AI Coach ~  
15:00 - 17:00  
2-4 Dai Fat Street, Tai Po Industrial Estate

**Fellowship Dinner**  
18:00 - 21:00  
BB開心棧, GF, 60 Lung Mei Village, Ting Kok Road, Tai Po  
Dinner fee: HK\$400

Sign up in BAND or WhatsApp Salina

Rotary Club of Tai Po

# Birthday Party!

FOR  
**CP DONALD YAP**

SATURDAY **11** NOVEMBER

@ YU CUISINE, 8/F HK SCOUT CENTRE, 8 AUSTIN RD. TST  
DETAILS TO BE GIVEN

Got something to say?

Tai Post wants to hear from you.  
Write in to [clairerctp@gmail.com](mailto:clairerctp@gmail.com)

Tai Post reserves the right to edit articles for length and clarity.

The editorial board  
Claire Mak  
Peter Lam

Meeting at 7PM every other Monday  
@ Regal Kowloon Hotel

### OCTOBER

**Jacky Sung (14th)**  
**Charles Chan (16th)**  
**Ronald Chung (23rd)**  
**Sincere Yip (31st)**

